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Woman

dies after coyote attack



The world's largest global newspaper ALIFAX • THURSDAY, OCTOBER 29, 2009

Sports pg 17 Rebuildina

turns ugly for sinking Moose

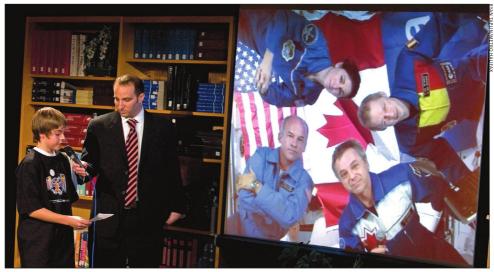
Harper top pick for leader: Poll

POLITICS The love for Prime Minister Stephen Harper appears to be growing in Nova Scotia.

Results of a new Thinkwell Research Survey released yesterday show Harper the top choice amongst 404 Nova Scotians questioned about which Canadian party leader would make the best prime minister.

Harper received 30 per cent support, up 10 points from September. NDP Leader Jack Layton came second at 24 per cent, with Michael Ignatieff of the Liberals slipping seven points to third at 19 per cent. Green party Leader Elizabeth May had eight per cent support.

THE CANADIAN PRESS



Brandon Burroughs, left, from Baddeck Academy asks Canadian astronaut Bob Thirsk, bottom right, a question while Thirsk and his colleagues orbit the Earth in the International Space Station yesterday. Students from around the province were at Mount Saint Vincent University vesterday to talk with Thirsk and fellow astronauts Nicole Stott, Jeffrey Williams and Frank De Winne.

Saying hello from space

16 high school students chat with Canadian orbiting Earth

News on the Maye What's this barcode for?

Learn how to scar the barcode with the top of pg 3



Review of MJ's **CD** and movie



MONIQUE MUISE

Sixteen high school students from across Nova Scotia were treated to a lesson in space travel yesterday — courtesy of four astronauts living the experience for real.

The students, their parents and several teachers gathered at Mount Saint Vincent University in Halifax for a 20-minute, live chat with Canadian scientist Bob Thirsk and three other astronauts currently

aboard the International Space Station.

Thirsk smiled broadly as he floated in front of a massive Canadian flag tacked to the station's wall. Alongside him were Frank De Winne from the European Space Agency, and American astronauts Jeffrey Williams and Nicole Scott. After some quick introductions, the students stepped forward and asked questions they had been rehearsing for days.

"I felt like I was going to be sick," said Amanda Fougere, a Grade 10 student at Yarmouth Memorial High School who asked Thirsk if he missed the beauty of nature. He told

her he definitely did.

"I think it's great that they do stuff like this," Fougere said. "It's so cool."

The students ranged in age from 15 to 17, and were picked from a pool of 100 entries from over across the province. Their questions covered everything from how to boil water in space (you can't) to whether or not it's possible to catch a cold or get an electric shock in orbit (ves

on both counts). At one point, Thirsk even took the crowd through his upcoming dinner.

"My very favourite, smoked salmon!" he exclaimed, pulling out a vacuum-sealed pouch as an orange floated by his head.

"We had so many good questions," said Marilyn Steinberg, the head of education for the Canadian Space Agency. "I was looking for strong science and technology-related questions that would really inspire our astronauts to teach.

H1N1 tests overloading province, Strang says

PAUL MCLEOD
paul.mcleod@metronews.ca

HEALTH Unnecessary tests for H1N1 are swamping the system, the province's chief medical officer said

Dr. Robert Strang appealed for people to stop going for swine flu tests when they become sick with the flu. He said it's unneces-

sary because treatment is the same as normal flu

"If you're just out in the community going to a doctor's Strang office or a



walk-in clinic, don't go there just to get a test for H1N1," Strang said. "That's an inappropriate use of the health-care sys-

He also said employers need to stop requiring sick notes or doctor's notes showing an employee is healthy before they can return to work after an illness."We have a healthcare system that needs to address serious issues," he said.

"We do not have the capacity to have a lot of people who are well going into doctors' offices.

MORE COVERAGE, PAGE 3

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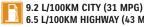
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Local



Give back with your licence plate

The provincial legislature has given the green light to a new charity licence plate program. The motion introduced by Tory MLA Murray Scott of Cumberland North received unanimous support from all three parties. Under the program, if a driver puts a specific charitable organization on a licence plate that they want to contribute to, the province will give any money over and above the administration costs of the plate directly to the charity organization chosen. METRO HALIFAX

METRO INTERNATIONAL NEWSPAPER OF THE YEAR

More needs to be done about child-injury rate, report argues

HEALTH A new report says rates of death and hospitalization among young people in Atlantic Canada due to unintentional injuries are too high.

The report by several groups, including a branch of the IWK Health Centre, says an average of 34 children in the region die of such injuries every year. Another 3,100 are hospitalized. It says the injuries are also the leading cause of death for youth between the ages of one and 14.

IWK Child Safety Link and the Atlantic Collaborative on Injury Prevention, a non-profit organization, say the report should be a call to action. The authors are calling for better policies, programs and research to improve prevention.

THE CANADIAN PRESS

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Blogs Style columnist Kenya Hunt on sprucing up your skin when dealing with a hangover

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Coyote victim dies

Singer-songwriter on tour mauled in park

A young Toronto singersongwriter who was a rising star in the folk-music industry died in hospital yesterday after being mauled in a rare coyote attack in Cape Breton.

Taylor Mitchell was touring for her new album on the East Coast and decided to stop in the Cape Breton Highlands National Park for a hike before a performance scheduled last night in Sydney, her manager said.

Lisa Weitz said the 19-year-old singer was excited to take her new album on a three-week tour through the Maritimes, just after earning a Canadian Folk Music Awards nomination.

"She was absolutely pumped about her first tour on the East Coast and to take her songwriting craft to new audiences," said from Toronto.

"She just had a wonderful joy of life and sharing mu-

Police said Mitchell was hiking alone Tuesday when a pair of coyotes attacked her on the popular Skyline Trail in Cape Breton Highlands National Park.

Officers said other hikers heard her screams for help and rushed to her aid, calling 911 at around 3 p.m. and trying to scare off the animals that are often spotted in the park.

She was taken to a hospital nearby and airlifted to the QEII Health Sciences Centre in Halifax in critical condition, but succumbed to her injuries yesterday.

Paul Maynard of Emergency Health Services said she was already in critical condition when paramedics



Toronto singer-songwriter Taylor Mitchell, 19, seen here in this undated promotional photo, died in hospital yesterday after being mauled in a rare coyote attack in the Cape Breton Highlands.

Scheduled shows

 Folk-singer Taylor Mitchell was scheduled to play two shows in the Halifax Regional Municipality this weekend. She was booked to play Brookside Cottage Concerts in Hubbards on Saturday and The Carleton in Halifax on Sunday.

METRO HALIFAX

arrived on the scene and was bleeding heavily from multiple bite wounds over her entire body.

"She was losing a considerable amount of blood from the wounds," Maynard said

RCMP spokeswoman Brigdit Leger said officers shot one of the two animals, apparently wounding it, but both managed to get away.

An official with Parks Canada said they have barricaded the entrance to the trail where Mitchell was attacked and were trying to find the animals to determine what prompted such an unusual attack.

THE CANADIAN PRESS

Vaccine for pregnant women at high risk available this week

Flu **Outbreak**

PAUL MCLEOD naul.mcleod@metronews.ca

H1N1 Pregnant women at high risk from H1N1 will now have access to vaccine in the Halifax Regional Municipality this week.

Vaccination clinics originally weren't supposed to start until next Monday. But fears of overcrowding caused Capital Health and caused IWK Health Centre to kick off California/7/2009 (H1N1)v-like virus limited early vaccinations at the IWK with adjuvant emulsion before for pregnant women only.

The IWK clinics are open from 9:30 a.m. to 3:30 p.m. today and tomorrow.

"We've put pregnant women in a The H1N1 vaccine. medical conditions,

tough position by recommending they get vaccinated. In the Halifax area they didn't really have a chance this week," said the province's chief medical officer, Dr. Robert Strang.

The clinics are designed for women in the latter half of their pregnancy. Healthy women in the first 20 weeks of pregnancy are not at a higher risk and are recommended to wait until next week for unadjuvanted vaccine.

"Because of the increased H1N1 activity we are recommending pregnant women that are 20 weeks and above get adjuvanted vaccine now and not wait even to next week," Strang said.

Health officials are also opening a flu-assessment centre starting at noon today. People who show up to the centre at Maritime Hall in the Halifax Forum can

get new advice on what individuals should do if they have flu symptoms. Strang reiterated his call yesterday for people not in highrisk groups to wait up to two weeks before getting vaccinated to make room for the highest-risk patients to he immunized first.

High-risk groups include people under 65 with chronic

pregnant women, children under five years of health-care workers age, and people who live with a baby under six months of

m.metrenews.ca



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News in brief

DRUGS Halifax RCMP say two men in their 30s will appear in court at a later date on drug charges. Police say they seized 3.5 kilograms of marijuana that

was destined for a residence in Bedford Monday. A 35-year-old from Bedford and 38-year-old from Dartmouth were arrested.

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Slate set for Nov. 9 federal byelection

The field for the Nov. 9 federal byelection for Cumberland Colchester Musquodoboit Valley is set. The six candidates are Scott Armstrong (Conservative), Jim Burrows (Liberal), Mark Austin (NDP), Jason Blanch (Green Party), Jim Hnatiuk (Christian Heritage Party) and Kate Graves (Independent). TRURO DAILY NEWS

Defendant gets plea extension

Woman charged in fatal collision to reappear in court Dec. 23

ALEX BOUTILIER for Metro Halifax

The sister of 57-year-old Gary Pfinder said at a **Dartmouth courtroom** yesterday she was not looking forward to seeing the woman accused of causing her brother's death while driving under the influence.

"I was kind of glad she wasn't here," said Iris Black, adding she doesn't know how she will react to seeing Beverlee Russell, 54. of Cole Harbour.

Russell faces multiple including manslaughter stemming from two car accidents on Aug. 3 in Cole Harbour. She is alleged to have left the scene of one collision before causing another, a multi-vehicle crash at the intersection of Cole Harbour Road and Forest Hill Parkway.

It was the second collision that took the life of Pfinder, a retired French teacher from Dartmouth High School. Police allege alcohol was a factor in both accidents.

The case was back before

the court yesterday for election and plea, but Russell did not appear. Her lawyer Pat Atherton represented her and asked for an extension until Dec. 23 to review disclosure.

Russell has appeared in court twice before: On Aug. 11, a judge ordered her to undergo a psychiatric assessment to determine if she is mentally fit to stand trial.

It was determined she was mentally fit to stand trial about a month later. She will appear again on Dec. 23 to enter a plea. In the mean time, she has been released on recognizance with conditions.

Albert Dorey, a longtime friend of Pfinder, was also on hand at yesterday's hearing. He said he was there to show support for Pfinder and his family, "and to see that justice is served."

Dorey said he wants Pfinder to be remembered as a person who believed in life, who enjoyed life, who was a great educator and was at the wrong place at the wrong time.'

"He's gone. And that's unfortunate," he added.



Cole Harbour's Beverlee Russell, 54, is shown in this photo from August. Russell faces multiple charges including manslaughter in connection to a fatal motor vehicle accident in early August that killed retired school teacher Gary Pfinder.

quidation



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Weight restrictions for five city bridges

ASSESSMENT The Halifax Regional Municipality announced yesterday weight restrictions are being placed on five aging bridges that cross the rail line in Halifax's south end.

"Engineering assessments received by CN show the bridges are experiencing the effects of age, heavy road traffic flow and weight," said the release. "Steps must be taken to limit the size and weight of vehicles until plans are in place for restoration or replacement '

Under the new restrictions, single-unit vehicles weighing more than 20,000 kgs. will no longer be allowed on the Marlborough Woods, Belmont-on-the-Arm, Oakland Road, South Street and Coburg Road bridges. The rule will apply to all buses, cars and trucks that consist of a single unit, said the release. Restrictions are also in

place for larger, two-unit vehicles (maximum 34,000 kgs.) and multi-vehicle trains (maximum 49,000 kgs.).

The restrictions begin today and will remain in effect until further notice. All of the bridges will be fitted with barriers to protect the concrete walls from vehicle impacts.

In July, the municipality placed similar weight restrictions on the CN bridge near the base of Quinpool Road in Halifax.

METRO HALIFAX



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Season's last cruise ship

Cruise ship Norwegian Jewel was expected to tie up at the Sydney Marine Terminal yesterday, the last visit in what port officials consider a successful 2009 season. Ships made 44 visits this year. METRO HALIFAX

local

Twelve face drug charges following police operation

ALEX BOUTILIER for Metro Halifax

Halifax Regional Police arrested and charged 12 people yesterday as part of an operation targeting street-level drug offenders.

Operation Implicate, a month-long joint investigation between several law enforcement agencies including Halifax Regional Police and Halifax District RCMP, focused on the crack cocaine, marijuana and prescription drug trade in Dartmouth's north end.
According to HRP super-

intendent Mike Burns, the 12 arrested — 10 males and two females - are facing charges ranging from possession to possession for the purposes of trafficking. He expects yesterday's arrests will impact many aspects of life in North Dartmouth.

'We associate a great deal of property crime, violent crime and street-level robberies to areas where there is significant street level drug trade," he said. "We're hoping by impacting on the root cause of some of this will have a direct impact not only on the overall level of crime in that neighbourhood, but on the quality of life in the neighbourhood.

Burns acknowledged 12 street-level arrests will not solve the problem, but will temporarily interrupt it.

"It's not like we're going



Halifax Regional Police Supt. Mike Burns, left, and RCMP Insp. Brad Sullivan speak with reporters about Operation Implicate at a press conference at the Halifax Regional Police headquarters on Gottingen Street yesterday. Twelve people were arrested and face drug-related charges.

The accused

The 10 men and two women facing charges from a drug sting yesterday morning on nine residences in north end Dartmouth.

- Cecil Edison Lapierre, 57, Dartmouth
- Brian Hector Oickle, 42, Dartmouth
- · Harry William Crann, 48, Dartmouth
- Robert Elias Jreige, 35, Cole Harbour
- Tom Russell Riley, 52, Westphal
- Christopher Michael White, 27, Dartmouth Melissa Lynn Parsons, 24, Dartmouth
- Bryan David Allison, 34, Dartmouth
- Steve Curtis Strickland, 44, Dartmouth
- John William Bleakney, 22, Dartmouth
- Reginald Lorraine Brunt, 46, Cole Harbour

Rose Andersson, 26, Dartmouth

to throw up our hands (and) declare victory today, he said. "We'll be very diligent on following up on this to make sure the illegal activity we displaced doesn't just get replaced by someone else moving in on the business opportunity." When asked how significant the arrests will be on the broader drug trade in the city, Burns said police are focusing on the enforcement side of the drug

"Over the larger impact on the drug trade in the HRM, we take this one day at a time. It's something can't take on everything at once," he said. "The enforcement is certainly a reaction from what's going on in the community.

"Overall? That neighbourhood in Dartmouth is a better place today. I can

News in brief

ER Under proposed legislation Nova Scotia's health minister would have to table an annual report in the legislature on

hospital emergency room clo sures. The report would detail dates and the reasons for the closures. Health Minister Maureen MacDonald says the legislation fulfils an NDP campaign commitment to ensure ministerial accountability for emergency departments.

TRIAL The trial of a former Nova Scotia businessman on sexrelated charges dating back to the 1970s has been delayed. Ernest Fenwick MacIntosh was in court yesterday in Port Hawkesbury for what was supposed to be the start of his trial. But the case did not move forward because the defence wants to cross-examine the investigating officer, who was unable to attend for medical reasons. The hearing is adjourned until Nov. 10 when the next step in the trial will be decided by conference call.

THE CANADIAN PRESS

No more tech cash for MLAs

PAUL McLEOD
paul.mcleod@metronews.ca

Nova Scotian MLAs now have one fewer perk to draw on.

NDP house leader Charlie Parker announced yesterday they were doing away with the technology fund, a \$2,500-per-MLA pot members could draw from every year.

It was initially brought in as a one-time fund years ago to get politicians set up with necessities like computers, cameras and printers. But they never got around to shutting the fund down and it's been around ever

since.
But recently Finance Minister Graham Steele decreed \$200,000 of MLA expenses needs to be cut from the budget. The Internal Economy Board, an "We were challenged by the department of finance to cut out \$200,000."

Charlie Parker, NDP house leader

all-party committee that controls MLA expenses, announced yesterday they

were stripping the fund. "We were challenged by the department of finance to cut out \$200,000,' Parker said.

"And we've met that challenge." Sort of.

The cut actually saves the province \$200,000 over the course of two years rather than one. Because some members have already spent part or all of their funds, it will only save about \$80,000 this year and then about \$120,000 next year.

The change was agreed to by all parties.

Parker pointed out the government had already made other moves to curtail MLA spending. Members now no longer receive a \$45,000 no questions asked cheque once they leave office and their office equipment is now technically owned by the government.

Internal Economy Board meetings are held in secret. Parker said the board is looking at opening them up to the public and the media but they are undecided and need more information.

MLAs can still purchase necessities like computers and printers from their constituency fund.



Tis The Season 3 featuring husband-and-wife comedians Bette MacDonald and Maynard Morrison is returning in December for a tour of Nova Scotia, and it includes a stop at the Rebecca Cohn Auditorium in Halifax on Monday, Dec. 14, at 8 p.m. For ticket information, visit artscentre dal.ca. METRO HALIFAX

Guard tells Hyde inquiry his memory has improved

A corrections officer who helped restrain a mentally ill man moments before he died in a Halifax jail cell says his memory of what he did that morning two years ago is better today than it was when he gave a statement to the RCMP in the hours after

Michael Green testified yesterday at an inquiry into Hyde's death, which is trying to determine why the man never received the psychiatric help he needed and how Howard Hyde prevent similar



deaths in the fu-

The probe has heard that the 45year-old musician, who had not been taking medication to deal with schizophrenia, was arrested for an alleged assault and taken into custody at the Central Nova Scotia Correctional Facility on Nov. 21, 2007.

Hyde died the next morning after two struggles with guards, about 30 hours after he had been repeatedly Tasered by police as he tried to escape from

a downtown Halifax police station

Green told the inquiry that when he gave his statement to the RCMP in 2007, he was "very emo-tional" after he learned of Hyde's death, and he wasn't certain that he described the events he wit-

Back in December

 The inquiry, which started in July, concluded a phase yesterday. The probe is scheduled to resume hearings Dec. 1.

nessed in the right order. But Green said he now has a more "vivid recollection" of the moment during the second struggle when Hyde's body went limp and he stopped re-sponding to the officers trying to subdue him on the floor of the cell.

Green testified Hyde was on his stomach with his hands cuffed behind his back when he suddenly went limp and officers immediately decided to re-move the cuffs and roll him on his side.

However, when Green was shown a surveillance video recorded inside the cell, he couldn't pinpoint when Hyde went limp.

The chain of events is important because it could shed new light on what caused Hyde's death.

THE CANADIAN PRESS

Louisdale woman dies six days after lung transplant

TORONTO The story of a Louisdale woman who waited two years in Ontario before receiving a doublelung transplant took a tragic turn this week.

Marilyn MacKay, who suffered through financial hardship during that wait, died early Tuesday morning in Toronto, just six days after receiving her new lungs

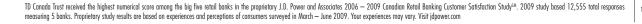
"They were trying to deal with their own personal issues, but they always had helping others in mind," Louis Brill, president and CEO of the Lung Association of Nova Scotia, said of MacKay's death.

Brill was referring to an aid package for Nova Scotians that was recently created because of financial struggles the MacKay family endured while Marilyn awaited her operation.

Lung transplants are not available in Nova Scotia, so the MacKays were forced to exhaust much of their life savings waiting in Ontario for the procedure.

Their situation improved in December 2008 when the provincial government extended emergency funding of \$1,500 per month to help pay for her accommodations in Toronto while she waited for the operation.

That aid is now available to other families.





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local

Congress explores justice issues The Canadian Criminal Justice Association is holding its 32nd Canadian Congress on Criminal Justice today through Saturday at the Marriot Harbourfront Hotel in

Halifax. The theme of the three-day congress is Problem Solving Justice, with topics ranging from high-risk youth to federal corrections reform. METRO HALIFAX

Green candidate issues challenge to PM

CLIMATE Jason Blanch wants Stephen Harper out of the country.

Surprisingly, Amherst-born Green party candidate's wish to get the prime minister out of Canada has nothing to do with gaining an edge in his bid to win the federal byelection for Cumberland Colchester Musquodoboit Valley. So determined is Blanch to wave goodbye to the prime minister from the tarmac, and alter Conservative environmental

policy, he has issued a direct challenge to Harper: If Blanch triples the traditional Green party support by garnering 15 per cent of votes in the Nov. 9 poll, the prime minister hops on a iet across the ocean, headed to climate-change talks in Copenhagen, Denmark.

"The whole reason in my running is a mix of concern and outrage," Blanch says. "Outrage that the government is not taking this issue seriously."

The challenge, issued in

the form of a video message to the prime minister the Internet YouTube, comes in reaction to reports Harper is again planning to skip global climate talks hosted by the United Nations.

Following the failure of the Kyoto Accord, world leaders are again meeting to devise a planet-saving treaty.

Blanch, a married father of two, says 15 per cent support is attainable.

AMHERST DAILY NEWS

Strutting superior style

Atlantic Fashion week kicks off in Halifax

MONIQUE MUISE monique.muise@metronews.ca

It was a packed house at the Mercedes Benz dealership on Kempt Road in Halifax last night as **Atlantic Fashion Week got** off to a very stylish start.

Skinny jeans and skyhigh heels seemed to be the standard dress code as about 150 people came out to support local design talent.

From designer Sarah McKenna's funky and highly wearable minidresses to the flowing, leather-bound creations offered up by student designers Chloe and Parris Gordon - there was no shortage of variety on the run-

"Halifax's fashion culture is well on its way to making its mark on the fashion industry," AFW director Angela Campagnoni told the crowd. "We're getting bigger and bigger."

Student designer Pam Iohnston said she was excited to be showing her collection for spring/summer 2010.

"I thought it was a great opportunity," Johnston said. "It's important to show your work to the world." Johnston

Originally from Ontario, the 26-year-old said she'd like to remain in the province and launch a women and children's line after she graduates this winter from the Nova Scotia College of Art and De-

"I hope to open up a stu-dio in rural Nova Scotia," Johnston said. "I'm really interested in sustainable textile fibres, and I'm curious to find out what kind

of fibres can grow here." Atlantic Fashion Week struts on tonight at the Olympic Centre at the corner of Hunter and Cunard streets in Halifax. Produced by Halifax modeling agency City Models, AFW is currently in its third sea-



A model struts down the catwalk wearing a Chloe comme Paris design during the Atlantic Fashion Week opening show last night in Halifax.



A model poses while wearing a Stiks by Rus

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Province won't set Sunday store hours: Dexter

AMHERST While Amherst considers a request to limit Sunday shopping hours, the province has no interest whatsoever in reopening what was a controversial and divisive issue several years ago.

"No government is going to be in the business of trying to set store hours on any day," Premier Darrell Dexter said Tuesday. "To say we're not against Sunday shopping, but only want it for certain hours is an extraordinary request on government."

Dexter's comments came a day after a pair of Amherst retail workers urged Amherst town council to pass a bylaw restricting Sunday openings from noon to 5 p.m.

In a letter to council, Brian Wood and Paula Bacon said retailers are pushing the limit on Sunday openings, suggesting that when

the province threw the doors open three years ago stores opened from noon to 6 p.m.

The petitioners contend the hours were later extended by many stores from 10 a.m. to 6 p.m. and now many stores are open Sundays from 10 a.m. to 8 p.m. They list the impacts on their families, social lives and health as reasons for a change.

AMHERST DAILY NEWS

Justice Minister Rob Nicholson says he will bring in legislation to allow judges to impose what are essentially consecutive life sentences for serial killers. He says it means an end to what he calls sentence discounts for multiple murderers. THE CANADIAN PRESS

Canada



Review backs online surveillance

The federal government has an unexpected ally in its bid to broaden Internet surveillance — the watchdog over Canada's spy agency. In its annual report today, the Security Intelligence Review Committee says CSIS's "ability to perform certain vestigative procedures will be constrained" until the government enacts legisla-THE CANADIAN PRESS



Dr. Marcelo Cypel, a surgical lung transplant fellow, left, and Dr. Shaf Keshavjee, senior scientist in the McEwen Centre for Regenerative Medicine at University Health Network, deliver gene therapy into human donor lungs using a bronchoscope. In a world first, Canadian scientists have successfully used gene therapy to repair injured donor lungs.

Docs slow with shots Family MDs say obstacles deterring distribution

Hot spots

Family doctors in some parts of Canada have been slow to sign up to deliver H1N1 vaccine to their patients, pointing to a number of obstacles they say are discouraging them from giving the shots.

In Ontario, a requirement that doctors' offices order vaccine in 500-dose lots is deterring some. Others objected to an initial demand that they sign a contract and provide a weekly line listing for every dose delivered — unnecessary paperwork at a time when everyone pressed for time, critics

"Some people think it's money. I don't think it's money. I don't think it's said Dr. money," Doug Mark, a general practitioner and president of

Canada's chief public health officer says swine flu is on the rise across the country. Dr. David Butler-Jones says there is an uptick in cases in Ontario and Quebec, while most tests in the West are coming back positive for the H1N1 virus.

 Overall flu activity has been steadily increasing for several weeks, particularly in British Columbia, Alberta, Saskatchewan and the Northwest Territories.

the grassroots Coalition of Family Physicians of Ontario.

Not all provinces are asking family physicians to be involved in the rollout, planning instead to direct

people who want vaccine mass immunization clinics. And some intend to start with mass clinics but plan to provide vaccine through family practices later. "I'm aware that there have been a lot of conversations in various fora with family physicians," said Dr. Joel Kettner, Manitoba's chief medical officer of health.

In some provinces where family physicians are part of the rollout, some of the obstacles identified by Ontario physicians have been taken care of. In British Columbia, for instance, provincial health authorities are breaking up the 500-dose lots into smaller batches so doctors can order only what they need.

THE CANADIAN PRESS

Researchers spearhead lung repair

HEALTH In pioneering research, Canadian scientists have successfully used gene therapy to repair damaged lungs from deceased donors, making them potentially suitable for life-saving transplanta-

More than 80 per cent of donor lungs are discarded because they are not healthy enough to be transplanted in a recipient, says principal re-searcher Dr. Shaf Keshavjee, senior scientist at the McEwen Centre for Regenerative Medicine in Toron-

Keshavjee said the gene therapy, developed by a team at the University Health Network centre after more than 10 years of research, could potentially expand the number of viable donor lungs as well as improve the outcome for patients receiving a trans-

"I think the exciting thing here is the proof of concept, that you can diagnose what's wrong with an organ and genetically modify the organ to work better after transplantation," he said. "So it really opens the door to personalized medicine for organs that we transplant.'

The technique involves removing the lungs from a deceased donor and placing them in a special perfusion unit that pumps oxygen, nutrients and other substances into the organs, as if they were breathing inside a body. The gene therapy is then introduced through a bronchoscope a long tube-like apparatus fitted with a miniature camera, which allows doctors to watch on a screen as the scope is fed through airways and then into deeper areas of the lungs. THE CANADIAN PRESS

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REGIONAL MUNICIPALITY Civic Events Grants Process 2010

Applications are now available

Applications are now available for interested organizations, groups and communities within the area of Halifax Regional Municipality to apply for funding through the Civic Events Grants Process 2010 including the Festival and Events Grant, Summer Festival Grant, and Major Special Event (Non-Annual) Grant.

HRM supports events that build community, foster good community relations, develop local economy and tourism industry, and enrich the quality of life of all residents and visitors.

To determine if your event meets the criteria to be considered for a grant, please complete and submit an Application available at www.halifax.ca/events Applications may also be picked up at:

> Community Development, Halifax Regional Municipality Alderney Gate, 2nd Floor, 40 Alderney Drive, Dartmouth

Application deadlines are 4:00pm, January 29 and August 27 for the following months = consideration.

Please contact our office with any questions at 490-2700, CivicEventsGrants@halifax.ca

News in brief

CORRUPTION One of Canada's largest ever police corruption cases has been ordered to go to trial after Ontario's highest court overturned a decision to throw the case out because of years of delays. Yesterday's Court of Appeal decision comes nearly five years after the charges were laid and 10 years since the investigation first began. The 30 corruption charges against six former members of the Toronto police drug squad were based on allegations they conducted searches without warrants.

THE CANADIAN PRESS

Grits look to savvy handler

POLITICS Liberals are looking to veteran political handler Peter Donolo to come up with a strategy to restore the sense of momentum the federal party has seen disappear in the past several months under Michael Ignatieff.

Donolo, a 50-year-old Toronto communications specialist and former mouthpiece for prime mouthpiece for prime minister Jean Chrétien, will arrive in Ottawa at the end of this week to begin the salvage job on the Lib-eral leader's floundering

inner office operation.

Heeding advice that has been heard in Liberal circles for months, Ignatieff is installing Donolo as chief of staff in place of wellliked but inexperienced loyalist Ian Davey.
Liberal MPs, who have

recently watched their poll standing nosedive, pressed pressed relief at the prospect of having a seasoned person at the controls in the OLO, as the office of the leader of the opposition is known.

TORSTAR NEWS SERVICE

10 canada

Arrest made in Winnipeg bathhouse fire

Winnipeg police have made an arrest in a deadly fire at a bathhouse. Justin James Rosdobutko, who is 25, has been charged with two counts of manslaughter. Police allege Rosdobutko was in a rental room at the bathhouse Oct. 11 and deliberately started the fire that killed Steven Yablonski and Robert Clark. THE CANADIAN PRESS

must adopt green targets

POLL Rich countries such as Canada need to commit to aggressive new targets to curb global warming, regardless of what less-developed nations do, say a majority of respondents to a new poll.

The Canadian Press Harris-Decima survey suggests voters may be out in front of the Conservative government when it comes to negotiating a new global treaty on climate change.

By a two-to-one margin (62-27), respondents said they believed Canada and the United States have a responsibility "to set higher and harder targets" for greenhouse-gas reductions than "fast-growing" countries such as China and In-

Prime Minister Stephen Harper and his ministers have consistently argued that the Kyoto Protocol was seriously flawed and that the next global agreement must include all developing nations if it is to be effective.

Environment Minister Jim Prentice was quoted this week saying he's not optimistic that such a deal can be completed in December at a UN conference in Copenhagen.

"I have to take a realistic view that, given the amount of work that remains to be done, we're running out of time," Prentice told the Globe and THE CANADIAN PRESS

Majority think rich nations Soldier killed by IED blast

Death of lieutenant comes amid violent week in Kandahar

coalition forces in Kandahar got worse yesterday when a Canadian soldier was killed and two others injured by an improvised explosive device in the ever-hostile Panjwaii district.

Lieut. Justin Garrett Boyes, 26, of 3rd Battalion, Princess Patricia's Light Infantry based in Edmonton. was only 10 days into his second tour in Afghanistan when his foot patrol was struck by the blast 20 kilometres southwest of Kandahar city.

Boyes was leading a platoon tasked with mentoring Afghan National Police officers at the time of the explosion. The two other casualties

> were treated at the Role 3 Hospital at Kandahar Airfield and are listed in good condition.

Lieut. Justin in the de-**Garrett Boyes**

ployment, Justin's death is going to be difficult to accept by his brothers in arms, but will not deter any of us from continuing with our missaid Brig. Gen. Jonathan Vance, the com-mander of Task Force Kan"Justin's death is going to be difficult to accept by his brothers in arms."

Brig. Gen. Jonathan Vance

Boyes jumped at the chance to train Afghan police in order to contribute to the "effort to provide stability to the population so we could, in concert with the Afghan government, extend basic services and humanitarian assistance to those in need "

Boyes had only recently joined the Princess Pats as a member of the regular forces after spending six vears in the reserves.

His death — the first for Canadian forces in nearly six weeks, and the 132nd since Canada's Afghan mission began in 2002 - darkens what has already been a bleak several days in Afghanistan.

Also yesterday, a Canadian citizen suffered leg injuries in Kabul when Talsuicide gunmen iban stormed a UN guest house in the Afghan capital, killing 11 people.

THE CANADIAN PRESS



Parliament Hill Cooped up

"So early



Alexandra Mendès, MP for Brossard-La Prairie, looks into a truckload of actors dressed up as chickens as she joins several animal rights groups at a news conference on Parliament Hill in Ottawa. Mendes was holding the press conference in support of her private member's bill to reduce transport times for farm animals.

Quebec, N.B. mulling power deal

ENERGY Quebec could buy a majority stake of the assets of New Brunswick's power utility in a tentative deal worth almost \$10 billion to be announced by premiers Jean Charest and Shawn Graham.

A Quebec government source confirmed that after months of talks and public speculation, a deal on the sale will finally be announced at a news conference in Fredericton.

However, a source in the New Brunswick government said late yesterday a memorandum of understanding, and not a final deal, will be announced.

The source said the MOU, if agreed to, would see Hydro-Quebec shell out

Proposed terms

• The deal would see Quebec-Hydro establish a New Brunswick-based company and assume ownership of NB Power offices, power lines and most plants, including the Point Lepreau nuclear power plant.

just under \$5 billion in cash — an amount equal to NB Power's debt — while a lower rate structure for electricity would see savings for New Brunswickers of approximately \$5 bil-lion. The memorandum would serve as the basis for public debate before formal negotiations on a final sale. THE CANADIAN PRESS

News in brief

TERROR A Canadian businessman will remain behind bars in Chicago charged with helping to plot an attack against a Danish newspaper — the second recent high-profile terror arrest in the U.S. with a Canadian connection. A Chicago judge said yesterday she needs more information before she can determine whether Tahawwur Hussain Rana, who owns an immigration services company, can be freed on bond while he awaits trial. MEDAL The city of Victoria is trying to track down the family of a First World War veteran whose victory medal was found on the side of the road. Officials have been trying for a year to find the family of Maj. G.D. Walker, whose name is on the medal. THE CANADIAN PRESS

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12

Petroleum export bill tightens screws on Iran

A bill that would tighten U.S. sanctions against the export of refined petroleum products to Iran has been approved overwhelmingly by the foreign affairs

committee of the U.S. House of Representatives. The bill still must be voted on by the full House and clear the Senate. THE ASSOCIATED PRESS

World



For die-hard customers?

Wal-Mart has started selling caskets on its website at prices that undercut many funeral homes. Prices range from \$999 US for models such as "Dad Remembered" and "Mom Remembered" steel caskets to the mid-level \$1,699 "Executive Privilege." But it can't offer one thing funeral homes can: comfort.

THE ASSOCIATED PRESS

No mercy for women, children

Little innocents the victims as car bomb brings carnage to Pakistan market

Carnage and grief visited Pakistan yet again yesterday as a car bomb devastated a busy market.

One hundred people — mostly women and children — were killed and more than 200 wounded in Peshawar.

The blast destroyed buildings and a mosque, and set scores of shops ablaze in the Mina Bazaar. The wounded sat amid

debris and body parts.

"There was a deafening sound and I was like a blind man for a few minutes," said Mohammad Usman. "I heard women and children crying and started

to help others.
"There was the smell of human flesh in the air."

Crying for help, men tried to pull survivors from

"This fight is not Pakistan's alone."

Hillary Clinton

beneath wreckage.

One man carried away a baby with a bloody face.

A two-storey building collapsed as firefighters doused it with water, triggering more panic.

The government blamed Islamic militants seeking to avenge an army offensive — and visiting U.S. Secretary of State Hillary Rodham Clinton pledged U.S. support.

"I want you to know this fight is not Pakistan's alone," she said. "These extremists are committed to destroying what is dear to us."

THE ASSOCIATED PRESS

An injured child is rushed to hospital after a car bomb explodes in Peshawar. Pakistan vesterday.

Peshawar a hot spot for terror

CITY UNDER SIEGE Peshawar, the economic hub of the northwest and the seat of the provincial government, has long been a target of militants who control large parts of territory in tribal regions near Afghanistan's border.

Extremism has flourished in the region since it was used as a staging ground in the 1980s for U.S.-funded fighters preparing to battle the Soviet-installed regime in Afghanistan.

THE ASSOCIATED PRESS



UN chief standing firm after 'brutal' terror attack

TERROR Secretary-General Ban Ki-moon said the United Nations will not be deterred by the "despicable and brutal" terrorist attack against a UN guest house in Kabul.

The world agency, he said, will do all it can to help with next month's presidential runoff election.

The attack killed 11 people including five UN workers.

At least 25 UN staff were staying at the guest house, most of them advisers for the Nov. 7 balloting. The attack by Taliban militants, who were wear-

The attack by Taliban militants, who were wearing suicide vests and police uniforms, sent people jumping out of windows or hopping from roof to roof to escape a fire that engulfed part of the threestorey building.

"No terrorist act can reverse the path toward peace, democracy and reconstruction in Afghanistan."

UN Security Council

The UN chief told a news conference that Afghan President Hamid Karzai has asked the interior minister "to provide strengthened security for UN staff."

m.metrenews.ca



Scan this barcode for more World news on your smartphone. Learn how to scan the barcode with the instructions at the top of pg 3 The UN is also reviewing security and will take measures to strengthen the safety of its premises, he said.

The UN will also be seeking support from the NATO-led forces operating in Afghanistan, he added.

The UN Security Council also condemned the attack "in the strongest terms" and stressed its strong support for the UN role in Afghanistan.

Arghanistan.
"Members of the council reiterated that no terrorist act can reverse the path towards peace, democracy and reconstruction in Afghanistan, which is supported by the people and the government of Afghanistan and the international community," the council said.

THE ASSOCIATED PRESS

Shower claim 'won't wash'

SPENDING France's government yesterday denied a claim it spent nearly \$370,000 to build a temporary shower for President Nicolas Sarkozy at a 2008 summit site.

Rene Dosiere, a leftist parliamentarian who frequently criticizes the conservative government for overspending, was quoted as saying the shower was set up at the glassdomed Grand Palais.

But government spokesperson Luc Chatel said that sum was not for a shower for Sarkozy, but for eight meeting rooms.

Sarkozy "can take his shower at the Elysee (Palace) or at his home,"

THE ASSOCIATED PRESS

Group accused of robbing Lohan

CRIME Los Angeles prosecutors have charged four people with robbing the homes of Hollywood celebrities such as Lindsay Lohan.

Felony residential burglary charges were being filed yesterday against three women and one man, who range in ages from 18 to 27.

Prosecutors have declined to file charges against 18-year-old Rachel Lee, pending further investigation.

The group is accused of breaking into the homes of Lindsay Lohan and The Hills star Audrina Patridge.

THE ASSOCIATED PRESS

News in brief

EMBARGO The United Nations General Assembly yesterday overwhelmingly condemned the 47-year U.S. trade embargo on Cuba. The vote was 187-3, with only Israel and the Pacific island nation of Palau supporting the United States. Micronesia and the Marshall Islands abstained. THE ASSOCIATED PRESS world 13

Gay prosecutor takes over

Jenny Durkan, new top federal prosecutor in Seattle, is apparently the first openly gay U.S. attorney. THE ASSOCIATED PRESS

This is your distracted captain speaking

U.S. eyes a crackdown on pilots' laptops

The two airline pilots who overshot their destination by 240 kilometres have prompted the parass.

Obama administration to ompted the Barack broaden its look at distracted driving — to include distracted flying.

The use of mobile devices and laptops while driving any type of vehicle is unsafe, Transportation Secretary Ray LaHood told a hearing of the Senate Commerce, Science and Transportation Committee

"We're not going to equivocate on this.

'Any kind of distraction, whether it's trains, planes or automobiles, is a dis"Any kind of distraction, whether it's trains, planes or automobiles, is a distraction."

Ray LaHood

traction and we should figure out ways to get these cellphones, the texting ... and the use of laptops out of the hands of people who are supposed to be delivering the public to somewhere safely," La-Hood said.

The pilots of Northwest Airlines Flight 188 told safety investigators they

lost track of time while using their laptops to work out crew schedules.

They said they were out of touch for 91 minutes, unaware they had flown their Airbus 320 jet past their destination of Minneapolis.

Sen. Frank Lautenberg, a Democrat, asked whether the Transportation Department might regulate the use of laptops by pilots.

"We're going to take a very close look at that entire issue," LaHood said.

The FAA has revoked the licenses of the Northwest pilots - Timothy Cheney and Richard Cole.

THE ASSOCIATED PRESS

Mona Lisa Hopefully, Luke won't make her frown



Eight-year-old Luke Wharton-Jones runs across a replica of the Mona Lisa, said to be the largest of its kind, during a photo call at a shopping centre in Wrexham, England, yesterday.

Russia warned as HIV crisis looms

EPIDEMIC AIDS experts urged Russia to scrap their abstinence-based strategy for curbing HIV, saying the country's fast-growing epidemic could be entering a dangerous new phase.

AIDS specialists meeting

in Moscow yesterday urged Russia to adopt successful strategies like needle-exchange programs.

HIV infections in Russia have doubled in the past eight years and it's feared the virus is spread by heterosexual sex.

The rapid growth is in contrast to sub-Saharan Africa and South and Southeast Asia, where prevalence of the virus fell in the eight-year period.

News in brief

CRIME A man accused of killing his son-in-law is arguing he was unable to commit the crime because he was too fat. Edward Ates told jurors he wouldn't have had the energy needed to climb and descend the staircase where prosecutors say the killer was perched when he shot Paul Duncsak, a 40-year-old executive, in 2006. A lawyer for Ates says the 62-year-old tipped the scales at 285 pounds.

THE ASSOCIATED PRESS

One brother dies, a brother is accused

CRIME Two teenage brothers were home alone when an argument over loud music spiralled out of control, police said, leaving one brother dead from a knife to the chest and the other accused of killing

William Gorzynski, 15, was being held in juvenile custody on suspicion of second-degree murder in the death of 14-year-old Matthew Gorzynski.
Police in Coral Springs,

Fla., say Matthew was playing music on a computer.

William was watching TV nearby and complained the volume was too loud.

He told him to turn it down. Matthew refused. The two yelled at each other, then fought.

THE ASSOCIATED PRESS

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14

Nortel to sell assets to Hitachi in \$10M deal

Nortel has received the OK from Canadian bankruptcy courts on the sale of its next-generation packet core network component assets to Japanese electronics manufacturer Hitachi for \$10 million US. THE CANADIAN PRESS

Business

DOLLAR US 92.72¢ GAS US \$4.28 US **27**¢

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Visa auto-enrol plan slammed

Tens of thousands of merchants have received letters from the country's largest payment processor advising them they will be enrolled in the new Visa debit program unless they take action to opt out.

Small business leaders are outraged and likened the tactic to negative optioning, saying it is one of several complaints they're hearing about the way the new Visa product is being introduced into Canada's \$168-billion debit market.

'These seem like incredibly murky and unfair business practices," said Dan Kelly, vice-president with the Canadian Federation of Independent Business.

Kelly is referring to a letter some of his members rem.metrenews.ca



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ceived from Moneris Solutions advising them the new micro-chip enabled terminals the merchants had installed were also equipped to handled Visa debit. The merchant is then asked to call or go online to decline the new service.

The move by Visa and MasterCard into Canada's debit business have spurred fears it will boost the cost of accepting those TORSTAR NEWS SERVICE

New York The Droids cometh



John Stratton, executive vice-president of Verizon Wireless, left, and Sanjay Jha, co-chief executive officer of Motorola, show off the new Motorola Droid phone yesterday.

Victoria's Secret owners set on doubling Canadian market share

RETAIL The owner of the world's largest specialty lingerie retailer, Victoria's Secret, says it believes it can double its market share in Canada to \$2 billion within three years.

Limited Brands, which bought the La Senza chain two years ago, has brought its Bath and Body Works chain across the border. Now, it's opening four Victoria's Secret "Pink" stores in southern Ontario. And next spring, it plans to bring its iconic Victoria's Secret brand to Canada.

The company's goal is not only to steal market

Markets, in brief

• The chain has 30 per cent market share in young women's intimate apparel. but just 15 per cent in all women's intimate apparel.

share from the department stores and other specialty retails, but to expand the overall market, said Martin Waters, executive vice-president, international.

"There's no finite amount of drawer space for underwear," said Waters in an interview.

TORSTAR NEWS SERVICE

Business in brief

STOCKS The losing streak on the Toronto stock market ran to a fourth session vesterday, with the main index losing almost 250 points as doubts rose

about the American economic recovery. The S&P/TSX composite index tumbled 248.21 points or 2.25 per cent to 10,805.33.

CANWEST A lawyer for the Communications, Energy and Paperworkers said vesterday the union does not have enough money for "effective"

legal representation during Canwest's restructuring. Doug Wrav asked Justice Sarah Pepall to grant the union financial help. THE CANADIAN PRESS

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London	from \$349 + taxes & fees \$401
Los Angeles	from \$459 + taxes & fees \$120
Buenos Aires	from \$859 + taxes & fees \$367
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Ko Tao, Krabi, Ko Muk and Andaman Sea.
Roundrin Rangkok Roundtrip Bangkok.

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Hilo, Kona, Kaui (overnight).

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BONUS receive a Cirque du Soleil ticket. UPGRADE to 5-star accom from \$13 per night

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+ taxes & fees \$105

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Rail Pass. UPGRADE to 1st class 7-day consecutive pass from \$120.

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7 Nights 4.5-Star All-inclusive

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September new home sales in U.S. post surprise drop

Sales of new homes dropped unexpectedly last month as the effects of a temporary tax credit for first-time owners started to wane. The Commerce Department said yesterday that sales fell 3.6 per cent to a seasonally adjusted annual rate of 402,000 from a downwardly revised 417,000 in August. THE ASSOCIATED PRESS

business 15

Recovery hopes fading

Canada's recovery from a deep recession appears to be looking a lot less bright than economists initially

Hopes among economists that this quarter would see a sharp rebound in the country's fortunes were deflated by July's flat reading on gross domestic product.

But since then, many indicators in Canada and abroad have come in weaker than expected, including the first decline in new home sales in the U.S. in

No difference

 TD Bank senior economist Craig Alexander says Canadians should get used to a prolonged period of diminished expectations. The recession may have ended in a technical sense, he says, but for most Canadians, they will barely notice the

five months, and falling consumer confidence.

Economists now believe

product numbers for August, which will be released Friday, won't show much improvement.

The consensus forecast calls for only a tiny 0.1 per cent gain, with some analysts predicting the first outright contraction since May. That is a very weak result and analysts say it puts in jeopardy the Bank of Canada's prediction for a two per cent advance for the third quarter, which ended in September.

THE CANADIAN PRESS

GMAC in talks for more federal aid

AUTO GMAC, the former lending arm of General Motors Co., is in talks with the U.S. Treasury Department for a third injection of taxpayer aid, a further sign of the U.S. government's entrenchment in the U.S. auto industry.

The Treasury Department mandated earlier this year that GMAC Financial Services raise an additional \$11.5 billion US in capital after undergoing a "stress test" along with 18 other banks. While other banks deemed undercapitalized have been able to raise funds from private investors, GMAC has been forced to go back to the government.

GMAC is a crucial player in the U.S. auto industry, providing wholesale financing to many General Motors and Chrysler dealerships to pay for the vehicles on their lots. The company also operates a mortgage-lending unit - Residential Capital — which has been pummelled by the housing market down-THE ASSOCIATED PRESS

Business in brief

PENSION The Ontario government will introduce pension reforms next month, but Finance Minister Dwight Duncan says the province also hopes to tackle broader challenges facing retirees. "This is the first major pension reform in Ontario since the 1980s," the treasurer said yesterday. "I will be bringing forward a package of reforms in two stages. The first stage later in November, and I'll be bringing forward a second package sometime in 2010," he said, declining to discuss details.

TORSTAR NEWS SERVICE

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1

Size: Quantity:

size chart



In this screen shot provided by Amazon.com, an item available for purchase by using the company's PayPhrase service is shown. With PayPhrase, existing Amazon customers choose a unique phrase and a related four-digit pin number that they can use to buy things on Amazon and other websites that accept the service.

N.L. to buy four Bombardier waterbombers in 'win-win' deal

AIRCRAFT The purchase of four Bombardier waterbombers in exchange for aerospace investments is a "win-win" deal for New-foundland and Labrador, Premier Danny Williams.

He announced yesterday the province will buy the new Bombardier 415 amphibious aircraft to replace four of its current fleet of six aging CL-215 water-bombers. The new aircraft are valued at about \$120 million US, with the first expected by April and the last by the summer of 2011.

In return, Bombardier will do business with local aerospace and defence firms and will invest in related training.

"Bombardier has committed to delivering industrial benefits over the 10year term of this agree-

Fighting flames

• Waterbombers are a crucial part of regional firefighting efforts and are used dozens of times a year when flames break out in dry weather.

ment valued at \$30 million," he said.

That's expected to create the equivalent of about 100 full-time jobs, including work on aircraft retroand installation of radar and sensor equipment. Bombardier will also devote part of its investment to related training and education programs.

"This agreement represents vet another strategic ... investment in important infrastructure on the part or our government," Williams said.

THE CANADIAN PRESS

Canam hopes high on B.C. Place deal

construction Canam Group Inc. expects a \$100million project to build a retractable roof at B.C. Place Stadium will help the structural steel fabricator to withstand the economic downturn that caused its third-quarter profits to fall more than 70 per cent.

The Montreal-area company announced yesterday a letter of intent from PCL Constructors Westcoast Inc. to build the world's largest cable-supported retractable roof, its most complex project to date.

Faced with a dramatic decrease in commercial and industrial construction, companies are fighting tough and lowering their bids to win contracts. The result is small operating margins, said Canam's president and chief operating THE CANADIAN PRESS officer.



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HALIFAX

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Comment

Couples and their 'stuff'

BEDROOM



t's not the most romantic of impulses, but the economic cold snap of the past year has increased the temptation for couples to huddle together and split the rent.

It seems like a good idea on the face of it, taking the relationship to that mythic "next level," simplifying the logistics of life and all that. There is, however, the matter of your respective baggage, and here I refer only to the physical stuff. Two peoples' possessions must somehow be combined into one place.

George Carlin famously pointed out that a house is nothing but a place to keep your stuff. He also noted that while your stuff is simply called "stuff," someone else's is generally referred to with one of his (pre-HBO) Seven Words You Can Never Say On Television.

This distinction is much on my mind now, here in the middle of Operation

Shack-Up. stack of boxes packed with deferred decisions looms in our bedroom. We earnest have conversations about shelving and storage. I worry about resentment of my stuff growing resentment of me.

I have many unspoken questions. Where are we going to keep all my CDs? (And why, as an adult male, do I own so many friggin' CDs?)

The accumulated detritus of two

lives will always take up too much space and threaten the domestic peace. We're both what are vaguely called "knowledge workers." In practice, it means we've got more books than shelves, and our living

room, with three computers, now slightly resembles a call centre.

As a veteran of many moves and many apartments, the solution, when in doubt, is to pitch it out. Every time you move, you must justify lugging that box of old magazines one more time or finally give it the heave.

Mercifully, last weekend was Give Away Weekend in Ottawa, when the citizenry are encouraged to put their "gems" and "trea-

On the web

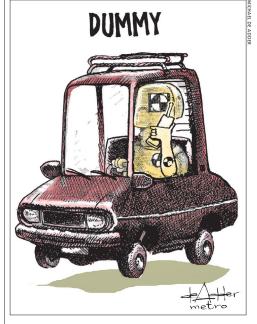
• For more views on relating, go to Love Bytes at metronews.ca/blogs

sures" out on the curb to see if anyone else wants them. Reduce, reuse, unload your crap on the unsuspecting. Good stuff.

Somehow, though, amidst all this out-with-the-old, you absurdly end up shopping for new stuff, joining all those glum, strained couples at Ikea in navigating that fiendishly designed Swedish merchandise maze for more clutter.

All these stuff-related trials, though, can perhaps be seen as tests of your ability to compromise, revealing either what junk you're willing to live with, or what prized possessions you're willing to throw away, in order to be together

Steve Collins offers his best guesses on relationships for Metro every two weeks.



Worth mentioning

Trick-or-treat, smell my feet not good manners

Trick-or-treaters beware: Manners count — even on Halloween.

Britain's authority on etiquette, Debrett's, issued its first guidance yesterday on

first guidance yesterday on how to behave during the über-North American holiday.

holiday. Although the holiday originated with Europe's Celtic pagans to mark the end of summer, it has only been recently that British stores have swelled with Halloween stock and trick-ortreaters have canvassed streets for candy.

"Good manners

are very important," said Jo Bryant, etiquette adviser for Debrett's. "There has been a growing presence of Halloween over the past five years and we're receiving many more queries on how to behave."

Common questions are: Is it acceptable not to open one's doors to trickor-treaters? How many times should children be allowed to ring a

door bell before
moving on? And
can one forgo a
Halloween costume at a party?
Debrett's has
posted its advice to the etiquette-challenged on its
website
debretts.com).

(debretts.com).

THE ASSOCIATED PRESS

Views

Awareness month more than a colour



These days, everything but the leaves is turning Pepto pink, a reminder that it is Pinktober, or Breast Cancer Awareness Month.

The retina-assaulting shade is everywhere: On KitchenAid mixers, Wonderbras, Dyson vacuum cleaners, toilet paper and lipstick.

It's no surprise breast cancer became a corporate pet cause — pink products target women, who have buying power and a warranted fear of the disease. It attacks the female identity — it is a

trauma to lose an intrinsic part of your womanhood, motherhood and sexuality. The colour is equally loaded — pink symbolizes femininity and calm; co-opting the colour is a glib way to acknowledge the Big C without actually acknowledging it as the body-destroying curse it is.

Pink sales encourage people to act charitably, but according to the fine print, it's corporations that can benefit more than any foundation or cancer patient. Commonly, companies pass on a small percentage of sales (from five to 15 per cent), or, as Hershey's Bliss chocolates pledges in the States, donate a paltry \$300,000 US rather than take away from

In a case that's the current target of the Breast Cancer Action's Think Before You Pink campaign, pharmaceutical giant Eli Lilly makes rBGH — an artificial hormone given to dairy cows that increases people's risks of cancer — but also produces cancer drugs. Last year, BMW donated \$1 US for every mile on a test drive of its carcinogenspewing cars to the Susan G. Komen Breast Cancer Foundation.

I'm not some tinfoil hatwearing cancer grinch; I have a pessimism that comes only from witnessing family members fight cancer. My dad's sinus cancer is in remission; his sister is fighting the same type of cancer; another aunt survived breast cancer; my sister has had two breast cancer scares

Something is awry when cutesy ribbons eclipse what cancer does to someone

physically and emotionally. It's a further insult that consumer dollars pay companies and not prevention programs.

There isn't a person in the Western world that isn't "aware" of breast cancer. Companies should retire their token gestures and marketing campaigns — the money is better spent supporting patients, preventing environmental exposure to carcinogens, or encouraging healthy lifestyles (that's why I cheer on the Run for the Cure).

Better yet, give your \$400 directly to an organization and forgo the pink mixer altogether. You can't match Pepto to a kitchen anyway.

Canice Leung is a former editor of Ryerson University feminist magazine McClung's, copy editor at Metro, ardent feminist and loudmouth.

We Know What You're Thinking



The number of
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aware of a spirit or ghost
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IPSOS REID

WHAT YOU'RE Thinking

Tell us your views by email to halifaxletters@metronews.ca or comment on metronews.ca or on Twitter @metrohalifax

Huskies to host AUS cross-country championships

The Saint Mary's Huskies are hosting the Atlantic University Sport cross-country championships on Saturday at Point Pleasant Park in Halifax. Both the Huskies and the Dalhousie Tigers will be competing. METRO HALIFAX

Sports



Hicks gets defensive honour

Saint Mary's Huskies lineman DeVon Hicks has been named Canadian Interuniversity Sport football's defensive player of the week. Hicks returned two interceptions for touchdowns in a win over the St. Francis Xavier X-Men last Fridav.

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA



Youngster Gabriel Desjardins — considered a cornerstone of Halifax's future — has just one goal and five points in 16 games this year. That lack of production has been all too common on the Mooseheads this year, with the exception of the club's top line of Gerrad Grant, Tomas Knotek and Travis Randell.

Are we really that bad?

Mooseheads record not entirely indicative of club's play

MATTHEW WUEST

It was common knowledge this was going to be a long season for the rebuilding Halifax Mooseheads.

But with a meager one win in 17 games at the quarter pole of the QMJHL schedule, did anyone think it would be this bad? Not many - and certainly not the Mooseheads.

"We really shouldn't have just one win, we should have a lot more," said top-line centre Gerrad Grant. "We're working hard on and off the ice, every chance we get.

It's not easy for the players to look at the standings and see their 1-15-1 record. With every loss, they slip further into last place, now eight points behind the

Halifax could get a boost

when they host the Montre

Rookie defenceman Konrad

Abeltshauser could return

al Junior tonight at 7 p.m.

Help on the way for Herd?

Baie-Comeau Drakkar.

But it's been said the Herd is a better team than its record, and the numbers indicate that's true. They're rarely blown out, losing by four or more only . goals

times. "We really three In three of heir losses, shouldn't have just their

the Moose- one win, we should heads were leading in the have a lot more." third period, Gerrad Grant and in three

others, they were tied. Flip those six results, and the Mooseheads have a 7-10 record.

The Mooseheads outshoot their opponents on average, but it's their opponents who deliver the knockout punch.

"A lot of guys have had chances to put them in the net but just can't find the back of it," Grant said.

earlier than expected after

breaking his wrist two and a

half weeks ago. He has participated in full-contact prac-

tices this week.

While Grant's line with Tomas Knotek and Travis Randell has combined for more than half of the team's goals, nobody else is scoring much.

Inexperience at defence and in goal, meanwhile,

kept has them from shutting teams down

in the third. "We're not too worried about our record," said de-

fenceman Spencer Met-"We're trying to build on being a better team, staying positive and pushing each other to be our best. We have to play our systems and play them well

So the Mooseheads will keep plugging along, hoping the tide will turn. Grant figures wins are bound to come.

'We should win at least seven or eight (of our next 17)," he said.

"All the games are close. It comes down to one person putting the puck in the net when we have the chance."

Silver linings abound for **Halifax**

OPTIMISM Looking for a silver lining in what could end up being the worst season in Halifax Mooseheads' history?

Here are three reasons for optimism.

1. The No. 1 line of Ger-

rad Grant, Tomas Knotek and Travis Randell is consistent and effective, accounting for more than 50 per cent of the team's league-low 43 goals.

2. Three young defencemen have shown signs of developing into impact players in the next two seasons. Konrad Abeltshauser, Garrett Clarke and Steve Gillard. all 17 years old, form an excellent foundation for the future.

3 Work ethic Halifax head coach Cam Russell has always wanted a bluecollar team, and is arguably getting better results than he has in four seasons behind the bench. That change in culture bodes well for the future.

Huskies not taking finale lightly

MATTHEW WUEST matthew.wuest@metronews.ca

FOOTBALL The Saint Mary's Huskies aren't taking Friday's matchup with the Acadia Axemen as an extra bye week.

The Huskies (6-1) host the Acadia Axemen (2-5) tomorrow at 7 p.m. in the Atlantic University Sport regular-season football finale that has no impact on the standings.

The Huskies have already clinched a first-place finish and a bye to the Loney Bowl; the Axemen will finish third and face the second-place St. Francis Xavier X-Men in the semifinal.

But Huskies head coach Steve Sumarah won't rest starters such as quarterback Jack Creighton for fear they'll be cold if

they're given a full three weeks between games.

"We have the bye, so we'd like to have everybody in there," Sumas-eaid. "The biggest challenge is, we don't want to at any point give Dan Schutte games away. If we

have an opportunity to play, compete and win, that's what we want to do."

Sumarah said Creighton. with just 11 career starts, needs all the time he can get as a young quarter-

Dan Schutte, a third-year all-star defensive lineman, is the only key player getting tomorrow's game off because of a knee injury. but he'll be fine for the

Loney Bowl on Nov.

The Huskies haven't lost in six have weeks but been inconsistent during their winstreak. ning Sumarah considers tomorrow's game his last opportunity to correct that.

"We have a couple of good plays, then a couple of really bad plays, so that's our biggest thing," he said.

"And defensively, the No. 1 challenge is continuing to stay consistent."

The X-Men host the winless Mount Allison Mounties on Friday.

SCOREBOARD

ATLANTIC DIVISION

	G٢	w	L	JIL :	UL	GF.	GA	Pt	
Saint John	18	13	4	1	0	71	53	27	
Moncton	19	12	5	1	1	71	46	26	
Cape Breton	19	10	6	1	2	63	66	23	
P.E.I.	18	10	6	0	2	57	53	22	
Acadie-Bathurst	20	7	10	2	1	48	67	17	
MALIEAV	17	4	15	0	4	42	79	2	

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BASKETBALL Halifax's Keisha Brown drained 23 points as the Acadia Axewomen dumped the Dalhousie Tigers 89-66 in

Sports in brief

Atlantic University Sport exhibition basketball action last night in Wolfville **RUGBY** The Saint Mary's

Huskies have five representatives on the AUS women's rugby all-star team, announced yesterday. METRO HALIFAX **18** sports

Ronaldo to miss Champs League action

Cristiano Ronaldo will not be able to play in Real Madrid's Champions League match at AC Milan next week due to an ankle injury. The Spanish club said a medical exam performed yesterday showed the Portugal winger's right ankle had improved, but not enough to return to action. THE ASSOCIATED PRESS

At least three NHL players out with H1N1

Flu **Outbreak**

SWINE FLU The National Hockey League is watching the progression of H1N1 cases among its players, but at this point sees no need for special measures to help prevent spread of the

The Washington Capitals confirmed yesterday that forward Quintin Laing is being treated for H1N1, making him at least the third NHL player to be diagnosed with it.

On Tuesday cases were confirmed for Edmonton Oilers defenceman Ladislav Smid and Colorado Avalanche goalie Peter Budaj. New York Islanders forward Doug Weight returned to the lineup yesterday after missing three games with H1N1.

"We have been regularly providing our clubs with updated information and recommendations as they become available," the NHL said in a statement released

to The Cana-

dian Press.

'We have

ed specific precautions

not mandat-

or courses of

action. The

league is



Ladislav Smid

monitoring the progression of the flu. but have implemented no specific 'contingency plans' at this point in time. However, we will be prepared to do so should it become necessary.

The Capitals said no other players have shown symptoms of the swine flu and that Laing is being kept away from the rest of the team. He sat out Washington's 4-2 victory over the Philadelphia Flyers on Tuesday night and will miss at least the next two games,

The Oilers took similar precautions with Smid, but the 23-year-old defenceman didn't miss a game and was back on his skates after two days of rest.

The irony in the Oilers' dressing room is a halfdozen of Smid's teammates have been hit harder with a non-H1N1 variety of the flu, with Gilbert Brule missing three games so far, Mike Comrie two, and Ales Hemsky one.

'I guess I got lucky and it didn't hit me that bad," said Smid, who began feeling ill Oct. 20.

THE CANADIAN PRESS

The loonie's power play

Rising value of Canadian dollar means good things for hockey in Canada

The call of the soaring loonie could help chart a northward migration path for NHL clubs.

Once an economic albatross blamed in part for the failures of the Win-nipeg Jets and Quebec Nordiques, the ascending Canadian dollar is suddenly enriching Canadian-based clubs, single-handedly increasing NHL revenues and crafting a new financial argument for more NHL hockey in Canada.

"A host of southern U.S. cities might now be more likely to lose their NHL teams," said Andrew Zimbalist, an eminent sports economist based in Massachusetts who testified on behalf of Jim Balsillie in his recent failed bid to purand move Phoenix Coyotes to Hamil-

"Canada becomes that much more attractive."

Every three-cent jump in the value of the Canadian dollar triggers a 1 per cent revenue increase for the NHL, say league insiders. Consider, then, the cur-

rent windfall: The

suddenly Herculean Canuck buck has vaulted more than per cent the past vear. that surge dragged the economic forof Canadian tunes clubs with it. One estimate puts the increase in league revenues at approximately

\$100 million as a result of the dollar jump in the past

Once burdened with having to pay players in U.S. dollars while collecting revenues in well-below-par Canadian dollars, Canada's six NHL teams are suddenly standing on a

> playing surface flush with unexpected new wealth. "If one can argue that venue

A in Canada

was superior

competitive fis-

to venue B in the sunbelt, that differential is bigger than it was before," Zimbalist said. "It also makes the clientele of

"A host of southern U.S. cities might now be more likely to lose their NHL teams ... Canada becomes that much more

attractive." Andrew Zimbalist, economist

Canadian clubs richer than they would otherwise be, which makes them more able to buy seats and beer and products advertised in the arenas."

The dollar's rise adds

weight to the argument for more Canadian clubs, says NHL player agent Ritch Winter.

"Of course it makes a dif-ference," he said. "You're talking about reducing your payroll costs significantly.

That said, sports franchises are more about ego than economic logic, said Rick Powers, dean of the

Rotman School of Business at the University of Toronto.

"It's the old boys' club. And they don't care if they're making money. If it loses money, it's a tax writeoff. For the most part. it's big boys with their

Before the start of the season, the league's economic forecast for this year was based on an 86 cent Canadian dollar, according to two senior club officials who asked not to be named. The loonie closed yesterday at 92.72 cents US.

TORSTAR NEWS SERVICE

World Series **Feeling the pressure**



It took New York's C.C. Sabathia 24 pitches to retire the Philadelphia Phillies in the first inning of Game 1 of the World Series last night at Yankee Stadium in New York. For a complete recap of the game, visit metronews.ca/sports

Woman arrested in sex-for-tickets scheme still hopeful of seeing World Series game

BASEBALL A Philadelphia woman charged with offering sex for World Series tickets says she's embarrassed about her arrest, but did nothing wrong and is still hopeful of attending a game.

"I didn't do anything wrong, so I'm not embar-rassed about my actions. I'm embarrassed about how I was arrested," Susan Finkelstein said yesterday, a day after meeting at a suburban bar with an undercover police officer responding to an ad on Craigslist.

Finkelstein's lawyer said

his client is merely "a nice lady overcome with Phillies

might have dropped double entendres in her Craigslist ad, but never explicitly offered sex, her

43-year-old The University of Pennsylvania graduate student wanted to take her husband to a game between her beloved Philadelphia Phillies and the New York Yankees. The self-described "buxom blonde" said she was simply trying to score tickets

online, as she had in the

Over a few beers at a suburban bar, she told a police officer she needed two tickets, one for herself and one for her husband. No

price had been dislawyer William J. Frice had been discussed, and Finkel-Brennan said. lawyer stopped recounting specifics of what was said before several officers sit-

> to arrest her. Brennan hopes to get the misdemeanour charge of promoting prostitution dismissed. THE ASSOCIATED PRESS

> ting at a nearby table came

Raptors off to great start

NBA RESULT



SEASON OPENER In a season of new beginnings, the Toronto Raptors couldn't have asked for a better

Andrea Bargnani scored 28 points to lead the newlook Raptors to a 101-91 victory over the Cleveland Cavaliers in their seasonopener last night.

Chris Bosh added 21 points and 16 rebounds, while Hedo Turkoglu finished with 12 points, Marco Belinelli added 10 and Jose Calderon finished with 11 assists to go with five points for Toronto (1-

LeBron James topped the Cavs (0-2) with 23 points, 12 assists and 11 boards, marking the 25th triple-double of his career. Off-Shaquille O'Neal finished with 12 points.

The game marked the first real test of a Raptors team that has nine new faces on its roster, rebuilt in the off-season after winning just 33 games last sea-THE CANADIAN PRESS

Sports in brief

ENGLAND Police are searching for a Manchester United fan who bit off part of a man's ear at the Champions League final in Rome. Greater Manchester Police made the appeal yesterday, releasing video footage and still pictures.

MARADONA Argentina's Football Association says the media is to blame for Diego Maradona's angry tirade on live television. The AFA sent a formal report to FIFA dismissing Maradona's profanity-laced news conference in Uruguay as the natural result of tough questions from reporters. LOS ANGELES Dodgers owner Frank McCourt filed papers yesterday opposing his wife's demand to be reinstated as the team's chief executive, citing insubordination and an affair

she allegedly had with her

bodyquard. The documents

were submitted one day after Jamie McCourt filed divorce papers seeking to regain her \$2 million US-a-year job. **BASKETBALL** The San Antonio Spurs have exercised the option on guard George Hill's contract for next season. Hill averaged 5.5 points and 1.8 assists as a rookie playing behind Tony Parker last season. Spurs coach Grega Popovich called Hill his favourite player in training camp.

GOLF The LPGA Tour picked Michael Whan as its new commissioner, turning to a former marketing executive in golf and hockey equipment to rebuild the tour's relationships with sponsors. The 44-year-old previously worked for Taylor-Made Golf and Wilson Sporting Goods and most recently was president of Mission-Itech Hockey. **METRO NEWS SERVICES**

New Carpenter College full of promises for students

1000 Sackville Drive, Lower Sackville (p)454-5100 • www.cmtc-tradescollege.ca

The new Carpenter Millwright Trades College may still be putting the finishing touches on some of the rooms of its new campus, but for its students the college is already full of promise.

"When I'm done of this course in scaffolding and carpentry I would like to come back and take more classes," says Garrett Mason, one of the students who joined the program when it started this fall. The instructors keep stressing the more you know, the more opportunities there will be."

There are currently 35 students who have seized the opportunity to be among the first classes held at the Private Career College. There is currently space for 50 students and room for much more expansion, when the need arises.

The college is structured around a mixture of classroom theory and hands on work, with a heavy emphasis on the hands on portion. When quickly surveyed, this hands-on training is something each student at the college echoes as their favourite part of the course. "It's the way I learn best," says Morgan, a student attending.

Peter Greer, Business Representative Organizer with the Carpenters Millwrights and Allied Workers and Vice President of the college, says it was important for them to find only of the most skilled construction workers in the industry to hire as the college instructors. They then taught this group of qualified industry professionals the techniques they'd need, to become better teachers.

While the college may not be full yet, the students in attendance are enthusiastically working away on their certificates. On this particular day, a group of students are busy working at an outdoor classroom on the school premises. It doesn't seem to faze them that it's a chilly fall day with intermittent rain.

"I love the fresh air," smiles Jamieleigh Bowman, "I've learned a lot here. It's good, it takes me back to the basics and the teachers really take their time."

Greer says, "The goal of the new college is to prepare not only qualified workers, but also competent workers to hit the ground running as apprentices". They've even replicated a working day, so that the students are expected at the college from 8 a.m. – 4:30 p.m. each day, and are held to high standards.

For its students, the college represents so much more. "They really know how the industry works. For me it was a foot in the door. It's my own responsibility to go from there, but this is a great start", says Mike Gouthro.



Peter Greer, Vice President, and Simon Pitts, Executive Secretary Treasurer, of the Carpenter Millwright Trades College stand in the entrance.

COME SEE FOR YOURSELF!

The Carpenters Union of Mainland Nova Scotia is pleased to host the grand opening of its new "Private Career College." Join them on Thursday, Oct. 29 between 2 p.m. and 6 p.m. for the grand opening. Come for a tour of the facilities, 1000 Sackville Drive, Lower Sackville.



Current students master their skills as they work on scaffolding.



Congratulations to our colleagues at The Carpenters Millwrights TRADES COLLEGE!





College a big step for carpenters union

The Private Career College newly opened by the Carpenters Union of Mainland Nova Scotia is the biggest endeavor in the union's 125-year history in the province.

The new 26,000 square-foot building sits on a six-acre site at 1000 Sackville Drive. Peter Greer, Vice President at the College says, "They were ecstatic when they finally found the perfect site after years of searching. We looked and looked before we found this place. At this site, we're on a bus line, but far enough away from the distractions of the city".

The site also has lots of room for expansion. There are hopes to eventually build a dorm at the college and make it even easier for rural students to take part. Greer says, "Until then, residents in the local community have been very supportive and listed many nearby rooms for rent."

"We want to develop the college into the "come to place" for innovative, job ready, skills development training for Nova Scotia", says Greer. "We don't want to compete with the Nova Scotia Community College, but





The college was recently renovated from a Baptist church in Januaray 2009. (at right) Current students learn to build and pour concrete stairs.

rather complement their training with ours".

Greer says, "The college is the perfect place to deliver better craft value to industry and raise the quality of the trade for all Nova Scotians". They intend to become the destination for conferences and discussion groups. Its courses currently include hands on, intensive programs that will enable graduates to find work in the industry, along with leadership, foreman and skills upgrades for journeymen

The college's curriculum is based on that developed by the International Training Centre in Las Vegas, Nevada. The career college is in fact one of many in a network of colleges that exist now in every province and state across North America. Leveraging this network of experience, the programs developed for the Sackville site have been refined by local experts to fit local conditions and demands.

Greer says, "This means great things for the college – including access to this incredible resource to deliver top of the line programs in the most cost effective way".

In addition, the school has cultivated a close relationship with the local industry and has enlisted their help to build the programs and to ensure the job opportunities exist for students when they're done. With this combination, the college has certainly built a strong foundation for its future graduates.

Find out more at its open house, Oct. 29 at the newly opened campus 1000 Sackville Drive.



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Union set to celebrate significant anniversary in 2010

The Carpenters Millwrights and Allied Worker Union celebrate their 125 anniversary next year, when they celebrate a long and illustrious history of helping those in the construction trades stay safe, earn a fair wage and work fair

"It's interesting, many of the challenges we faced when we first started the union in the late 1800's are still some of the same problems we face as an industry today", says Peter Greer, Business Representative Organizer for Carpenters Millwrights and Allied Worker Union.

The Union began in 1885, when the world's industrial revolution was in full swing and construction was at a peak. Greer explains that at the time sweatshops were the norm and owners operated under the assumption that if you were injured at work it was your fault. "The working class had been pushed to their limit by the early 1880's. This all led to the "Great Uprising", where literally millions of workers came together to demand better pay and working conditions," explains

For the carpenters, he says two of the key demands includ-

ed shorter hours and huge hurtles for the union better wages. and its workers. With the Later, it became help of about adaption the to conchanging methods and materials as well as

mands were largely realized for the industry by the 1900 in most major cities.

union,

these de-

With the rise of the 20th century came a whole new set of pressures on the carpenters that had to deal with constantly reinventing itself under extreme and terrible circumstances. Two world wars, a depression and industrial automation presented

stantly the attitudes of the workers themselves. For the last 30 years, blue collar workers began to turn their backs on unions, while government workers joined union in droves. We now see unions in very non-tra-

ditional places, like the movie

industry, professional sports, airline pilot, etc. I do believe we will see this change with this generation entering the job market may just embrace unions again, especially if wages stagnate and young workers have significantly less purchasing

"One hundred and twenty years later and we're still facing pressure to work longer days, health and safety continue to be a major problem for our members and with the advent of the most recent recession you can see the pressure to compete for jobs is an issue". Greer says that is one reason he believes we're starting to see unions re-exert themselves as a major social regulator.

"As we have many times, when faced with difficult changes, we attempt to find relevance by focusing on craft training, and quality as a major focus of our efforts to improve the industry", he explains.

See for yourself how the local union is helping young carpenters at the new Private Trades College on 1000 Sackville Drive.









Brad (BJ) Johns

Councillor, District 19 Sackville - Lucasville

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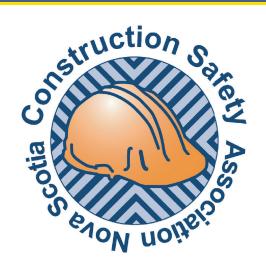
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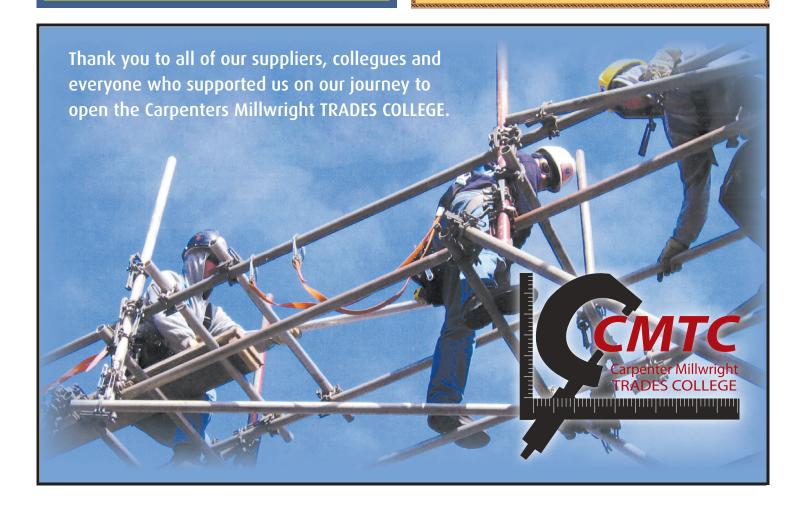


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Winner of Via Rail uniform contest

A Montreal-based Rudsak designer has landed on the fast track to fashion victory as the winner of the Via Rail uniform design contest. Xiao Wei took home top honours at an event held at last week's LG Fashion Week in Toronto. THE CANADIAN PRESS





Fox to model for Armani

Transformers star Megan Fox is pulling down a seven-figure payday to model Armani underwear and jeans. The 23-year-old will be the new face of Emporio Armani Underwear and Armani Jeans in 2010, the Milan-based fashion house announced. Fox is projected to make close to \$2 million for a one-year ad campaign, a source has told The Associated Press.

for 2010 Fashion Week

ANDREA WOO for Metro Canada

PREVIEW Vancouver Fashion Week will have a global theme this season to reflect the local fashion industry's growing popularity around the world, according to the show's producer.

"From the beginning, our plan was global, interna-tional," said Jamal Abdourahman, who started VFW in 2000. "We've made a lot of progress in the last four seasons. We're way more known internationally now than we are here."

Abdourahman says several aspects of the show will

reflect the global theme, including models, clothing and designers. Designers will come from Italy, Germany and Norway, for example, as as from across Canada There will also be "Night Taipei" themed evening and show that will feature all South Asian models.

"We're not doing that just because Bollywood is cool," said Jamal, adding that it will be a first for VFW. "We're doing that because the Indian community doesn't get that many opportuni-

One label to look out for is Orange NYC by Taiwanborn, Vancouver-raised designer Angela Chen, who will be debuting a blackand-white themed spring/summer 2010 line.

"People can expect to see where I came from and my aesthetic as a designer," she

Another is Vancouverbased label Kersh, whose theme this year will be Shanghai Cowgirl.

"We believe that the fusion of east meets west is a global trend, and a very big trend in fashion," said sales and marketing assistant Ryan Pugsley. Vancouver Fashion

Week runs Nov. 3 to 8. For more information visit vanfashionweek.com.

Left: A design by Vancouver-based label Kersh whose theme at this year's Vancouver Fashion Week will be Shanghai Cowgirl.

Vancouver goes global for 2010 Fashion Week Choo debut at H&M

Jimmy Choo

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Jimmy Choo's exclusive collaboration with H&M hits 200 stores across Canada Nov. 14.

From high heels and thigh-high boots to gladiator flats and ballet pumps, the shoe collection will feature crystal embellishments, studs, animal prints such as zebra and accent

colours of red and blue. What's more, t glimpse into the brand's glamorous world will also be featuring clothes and accessories for both men and women. Accessories include evening clutches and larger day bags, which are studded or fringed, belts that are studded and wide, necklaces, choker bracelets, cuffs and earrings.

The clothing collection has a gloss goth feel with one-shoulder dresses, jumpsuits, leather leggings and dresses covered in crystals, emphasized by a fakegilet, sequined cardigans and embroidered tops. For men, there will be a selection of ankle boots and bags, as well as a wardrobe of wool blazers, leather biker jackets, silk and cashmere mix sweaters. shirts and trousers.

Jimmy Choo for H&M will be available at four locations in Canada: Toronto's Eaton Centre and 15 Bloor St. W. store, Van-

Quinpool Road - Kearney Lake Road



Men's Jimmy Choo leather shoe with zip, \$179.

couver's Pacific Centre and Montreal's 1100 St. Catherine St. The collections range in

price from \$29.95 to \$299. METRO NEWS SERVICES



Jimmy Choo leopard clutch, \$149.





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Metro Homes

It's who you are

Homes are reflecting personal style more, just as clothes do. "... Your house is a story. Think of it as a narrative and you are the author," says Keith Johnson, host of Man Shops Globe and buyer-at-large for Anthropologie.

BMO CIBC HSBC ICICI ING RBC Scotia TD Broker 2.25% 2.25% 2.50% 3.50% 2.25% 2.25% 2.25% 2.25% 2.25% 2.25% King's Wharf offers rooms wit



Located on the Dartmouth waterfront, units at King's Wharf offer postcard-perfect views of downtown Halifax.

In fact, the views from the new condominium complex are so fantastic that interior designers used it as their inspiration for much of the model

'We arranged the furniture to capitalize on the spectacular views of the ocean and the Halifax wa-terfront," said Bruce Norman, senior design consultant with Norman Flynn Design. "The view became our inspiration for the interior finishes and material selections.

Norman, who was assisted by junior design consultant Máiréad Fegan, explained their design focuses on three key ingredients: Functionality, light and texture.

The layout is simple and functional, we maximized the natural light

Suite Talk

Details

 Suites at King's Wharf start at \$199,900. For more information, please visit kingswharf.ca.

and used beautiful lamps and fixtures as 'jewelry,' and we used a combination of different materials to create visual interest." Norman said.

He and Fegan flanked the fireplace with natural grass cloth wall-coverings, and contrasted them with exotic rosewood flooring an ocean-inspired kitchen backsplash.

"This suite has an inherent simplicity and isn't over-decorated," Norman explained. "We focused on layering quality materials to achieve a timeless, functional aesthetic, and de-sign-savvy buyers will appreciate the subtleties and the quality."

The luxurious kitchen

pairs dark espresso drawers with creamy white countertops and cupboards. While the suite is rich in drama, Norman said he and Fegan chose to



Selected photographs of King's Wharf in Dartmouth. The suites offer postcard-perfect views of downtown Halifax.

use colour sparingly.

"The walls are painted in muted greys to create a soft backdrop, but what's interesting is that the door casings and doors are painted an unexpected shade of grey-brown," he said. "It really stands out, since so many people use predictable white for doors and trim."

They did bring in punches of colour and pattern as accents in the furniture, linens and accessories like the red glass candle pillars on the dining table,

and the cinnamoncoloured rug in the living room.

While the suite is bursting with perks - like dreamy custom showers the most delicious one is enough to light a fire under any potential buyers.

"We were able to push the envelope on design by installing a double-sided fireplace between the master bedroom and the main living room," Norman said. "It's a rather unexpected design feature, and it's stunning."

Heather Clarke is a Halifax-based write with a penchant for pretty things.







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A stovetop space-saver

Put this stovetop teakettle permanently on an element and instantly save counter space. Betty Crocker, \$29.99, Canadian Tire, canadiantire.ca. EMMA YARDLEY/FOR METRO CANADA



metro homes 25

It's big work for a little nook

EMMA YARDLEY for Metro Canada

A kitchen nook may be small but it has a big job to do; it has to provide all the storage and cooking areas of a regular-sized kitchen in half the space.

For starters, try fixing a rack and rail system to the wall for frequently used utensils and choosing a drying board that fits above the sink.

"Both of those options save counter space, when it is at a premium," says Tamara Robbins Griffith, interior designer, regular guest expert on CityLine, and design spokesperson for Ikea Canada.

'Choose accessories that make a statement. Since there isn't tons of room for unnecessary objects, the ones you choose should Homes in **Style**

'work hard,' in both design and function.

Her number one piece of advice though is installing floor-to-ceiling cabinetry with pullout pot drawer with dividers for all your cookware. While function is the name of the game you can still have fun with your space.
"I love incorporating

some softness, and textiles with pattern and colour. Kitchens tend to have a lot of hard surfaces .. bring on some whimsy when it comes to window treatments, banquette cushions, and table linens.'



- 1. You don't need your glasses to read this clock. Bigtime green clock, \$73.50, Umbra, umbra.com.
- 2. Use these ladybug mixing bowls for whipping up a batch of cookies or serving a salad at suppertime. Pier 1 Imports, \$44, pier1.com.
- 3. The Lulea mitt and potholder are both pretty and protective. Anthropologie, \$14 each, anthropologie.com.
- 4. The ceramic mechanism in the Meeme salt and pepper grinder adjusts from course to fine and everything in between. Zak Designs, \$19.99 each. The Bay.
- 5. Having furniture in a kitchen nook that can change from task to task is important since it's used for everything from making toast to finishing up homework. Norbo wallmounted drop-leaf table. \$49.99, Agne stools, \$26.99 each. Ikea. ikea.ca.
- 6. Neatly organized storage tins help to keep small kitchens uncluttered. Tripp, Ikea, \$4.99 for a set of three ikea.ca.

Pre-approval lets you shop with confidence



urchasing a home can be an overwhelming process. To ensure the transaction is smooth from start to finish, buyers should establish a plan and assemble a team of professionals who will assist with the process.

Before meeting with a realtor or a lawyer, purchasers should consult with a mortgage specialist to obtain a

mortgage pre-ap-proval. Buyers know what they can borrow to determine the of type

home that they can afford.

By obtaining a mortgage pre-approval, buyers can shop with confidence. It is not practical or reasonable for buyers to spend time viewing homes that are beyond their price range.

Many people experience frustration when they discover they can't afford the house they have offered to buy. In fact, many realtors will not work with buyers unless they are pre-approved.

In addition to confirming a loan amount, a preapproval is will also guarantee an interest rate. Lenders will lock in the rate for a specific term, typically 90 to 120 days. If interest rates go up while shopping for a home, the

pre-approval guarantees the original, lower

> Howif ever. interest

down, lenders will offer borrowers the new, lower

In addition to establishing borrowing limits and guaranteeing rates, mortgage pre-approvals can prepare buyers for competing in a strong market. Properties that are in high demand will regularly attract competing offers. A mortgage pre-approval will increase your bargaining power and allow you to present a stronger offer.

To grant a pre-approval, vour lender will likely require the following: Personal information, including copies of identification, employment details. confirmation of salary and source of income, details on all bank accounts, loans and other debts, the source of the down payment as well as the funds needed to pay for all closing costs.

Elias Metlej is a real estate lawyer with the Halifax firm Blois Nickerson & Bryson. You can write to Elias at askelias@yahoo.com



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Fall of the Wall with U2

U2 will play a free show in Germany to commemorate the fall of the Berlin Wall. The rockers will play in front of Berlin's iconic Brandenburg Gate as part of the MTV European Music Awards (EMAs) on Nov. 5, as a prelude to the city's Fall of the Wall celebrations. FEMALEFIRST.CO.UK

Entertainment

Exposure

vritten by author and journalist Ian Halperin, will hit stores USMAGAZINE.COM

This Is It for Michael Jackson

This Is It

Album: Michael Jackson

Label: Sony Rating: @

THE SOUND TRACK TO the film contains nothing that a Michael



fan didn't al-

Iackson ready own before the begloved one's death, except two versions (pop and orchestral) of the title track that's not really new at all, three demos of questionable quality (She's Out of My Life, Wanna Be Startin' Somethin', Beat It) and a strange spoken word poem pledging love to the planet earth. The song This Is It was written and recorded with Canadian crooner Paul Anka in 1983, but was never deemed worthy enough to make it to an album. Even the impassioned vocals of a MJ at his prime and the over-dubbed ooh-oohs of his brothers can't make this so-so track into worthy of the real hits on this album. The song seems unfinished, all middle

and no beginning or end, lacking that final flourish or thundering chorus that could make it something other than forgettable.

ckingham/for Metro Ca

Creed

Album: Full Circle Label: Wind-Up

BREAK-ONE MUSIC critics were thrilled about was the dissolu-



tion of Creed. By the time the foursome disbanded they had become the most bloated and cringe-inducing modern rock band. But, to our dismay, they're back. And even worse, they don't sound half bad. The group still deals in epic, arena rock choruses and sappy gut-wrenching ballads, but for the first time since the group's debut they sound passionate and in control. The songs here are at least as catchy as some of the older hits, and while new fans won't flock to this, the millions of old ones will.

Bryan Borzykowski/for Metro Canada



Michael Jackson's This Is It contains two versions of the title track.

Tegan & Sara

Album: Sainthood Label: Sire/Warner Rating: @@@1/2

WHILE SAINT-HOOD IS Tegan and Sara's sixth record. it's only recently



that they've become the go to team for angsty girl-fronted power pop. Their latest

picks up where The Con left off - infectious and energetic punk-light tunes. These tracks mostly deal with love - they discuss their parents' divorce and their own break-ups. Musically, the twins don't depart much from their formula, but they add electronic and experimental flourishes and the songs are tighter than ever. It's another step in the right direction.

Bryan Borzykowski/for Metro Ca

Music**Reviews**

music@metronews.ca

Matt Dusk

Album: Good News Label: Royal Crown/Universal Rating: ##%

TOUGH LIVING in the shadow of Michael Bublé. Tough that



being other Canadian who can sing Sinatra like Sinatra. But that's life for Toronto retro crooner Matt Dusk who tries to give himself a new rep here by adding some contemporary dance beats to this collection of mostly original songs. The result is disastrous on synth-filled techno laughers like Love Attack and Don't Hate On Me. Thankfully, these are the only tracks that suffer from heavyhanded production. There are some pleasing tracks, especially the opening track and the two tracks which follow, I Wouldn't Change a Thing and On Vacation.

n Rockingham/for Metro Ca

Twilight: New Moon

Album: Various Artists Label: Atlantic/Warner Rating:

THERE'S DOUBT Twi-New light: Moon will be a huge hit. But expect



the soundtrack to top the charts too. With the likes of Death Cab For Cutie, Thom Yorke and Lykke Li penning exclusive tracks for the disc, it's no wonder that this is easily the best movie-related record of the year. Nearly every song is worth listening to on repeat, but standouts include Anya Marina's soft Satellite Heart and Grizzly Bear's haunting Slow Life. Even the Killers turn in a solid performance on A White Demon Love Song. This is a must have for every indie rock fan.

Bryan Borzykowski/for Metro Ca

Video**Online** 🕮

Watch the video for Meet Me at the Equinox by Death Cab For Cutie online at metronews.ca/music.





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Andre Agassi serves up bombshell

In his new memoir, tennis star Andre Agassi admits to regularly using crystal meth in the late '90s: "I can't speak to addiction, but a lot of people would say that if you're using anything as an escape, you have a problem." PEOPLE.COM



entertainment 27

This Is It gives raw glimpse into Jackson's final show

Michael Jackson's This is It

Director: Kenny Ortega Star: Michael Jackson Classification: PG Rating: @@@

IAN GORMELY for Metro Canada

It's ironic that the final creative project from a performer who spent his entire career striving for polished perfection would be something this raw.

Originally intended as filler for a 3-D concert film of Michael Jackson's UK comeback shows, This is It was pieced together by director and longtime Jackson collaborator Kenny Ortega from footage shot during the four months of rehearsals leading up to Jackson's death in June.

It tracks the star from the press conference anshows, nouncing the



The King of Pop hits the stage during rehearsals for his UK comback shows, featured in This Is It.

through dancer tryouts, band rehearsals and video shoots, interspersed with rehearsal performances of lackson's biggest hits.

As the film opens with Wanna Be Startin' Somethin', it's almost shocking to see Jackson doing what he does best: singing and dancing. Having not played a show in a decade, not the King of Pop has offered up nothing to balance out his tabloid lifestyle.

Even more shocking is seeing how fierce a dancer Jackson remained until the end, frequently up-staging dancers half his

The film's best segments come from scenes where Ortega uses split screens to contrast a song's evolution over the course of the rehearsals, particularly on Human Nature and The Way You Make Me Feel.

While the film's first 45

On the web

 For This Is It pho tos, trailers and screen times - or to buy tickets visit metronews.ca/movies.

minutes are absolutely thrilling, giving a rare glimpse of Jackson's creative process, it loses steam two-thirds of the way through. What comes across is Jackson's active participation in the creation of these shows.

The film's best moments capture him directing the band or dancers, tweaking their performances to meet his high expectations (despite the fact that he's surrounded by vesmen, he is a creative ge-

And based on the footage, the London shows would have been spectacular. But This Is It feels more like the greatest DVD bonus feature than a feature film.

Copperfield faces sex assault suit

MAGIC David Copperfield has won a six-month stay in a lawsuit filed by a Seattle woman who contends the magician sexually assaulted her. Copperfield has denied the allegations.

ASSOCIATED PRESS



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New 'Fan-boy' Bowie bio both an illuminating and irritating read

Book**Review**

MUSIC David Bowie knows what he's singing about he performs Changes.

After making a big splash in the early 1970s as Ziggy Stardust, he went on to become the Thin White Duke, an artsy Berlin angst rocker, the "straight" Bowie of Let's Dance and more recently the distinguished rock elder who goes to fashion events with his model wife, Iman.

The career full of characters obscures the less fantastic, but very interesting, back story of David Jones, a British teen in the '60s who desperately wanted to make it big.

some R&B He joins some R&B bands, dabbles in acting and mime, changes his last name to Bowie and records a painful-to-listen-to single. The Laughing Gnome, that seems to channel Alvin and the Chipmunks.

Nothing in particular sticks until he records the 1969 single Space Oddity. Bowie later goes all-in with his pioneering glam character Ziggy, the one with the screwed up eyes and snow-white tan. Bowie never looks back, never stops

Spitz, a music journalist, does a decent job of track-Bowie's evolution ing through copious research and interviews with dozens of people who knew

Spitz clearly gets Bowie, and this is an unapologetic fanboy biography.

good at analyzing what Bowie accomplished. why matters and what was like-

ly influencing him at the time. He has insightful things to say about landmark Bowie songs Life on Mars? and Heroes.

But be warned: Unlike a lot of top-rate biographers, Spitz is not big on narrative and crafting scenes. Events are recounted at

length, through gushy quotes from chums.

And sometimes doesn't know when to turn the spigot off on himself. The book is littered with superfluous pop culture references example: Bowie was in a band called

the King Bees, and Spitz in forms readers not only that it was named after the blues classic (I'm a) King Bee, but Iohn

Belushi sang years later on Saturday Night Live

dressed like a bee). Worse, Spitz

the self-indulgent habit of interrupting Bowie's story with vignettes about his own story of being a Bowie fan. Who cares?

The result: A book both interesting and irritating that reads like a very long music magazine article.

THE ASSOCIATED PRESS



Television City in central L.A. The lights went out as Ferguson was interviewing actress Alicia Silverstone. THE ASSOCIATED PRESS

Stargate Universe's likeable lone wolf

Robert Carlyle plays a brilliant but enigmatic scientist in the Vancouver-filmed sci-fi series

um or the Land of Oz, getting home can be an allconsuming mission. But not on Stargate Universe. Not for Dr. Nicholas Rush.

It seems he would rather probe the far reaches of science while stranded in a rattletrap spaceship billions of light years from home.

As played by Robert Carlyle, Rush is at the core of SGU, a meditative thriller premiering recently on the Syfy network (in Canada it airs on Space), it builds on the mythology of the 1994 film Stargate and follow up series Stargate SG-1 and Stargate Atlantis.

The titular Stargates represent a perilous but poten-tially lifesaving transport system for the voyagers. Found throughout the universe — but don't expect Mapquest to show you where - each is an imposing, ring-like portal stretched with a permeable membrane that allows the brave or brash to pass



Robert Carlyle stars in Stargate Universe.

through and emerge whoknows-where, like in a hopscotch game spread across the cosmos.

The Stargates offer a chance at connect-the-dots salvation. Or maybe doom.

Rush, the brilliant scientist, just wants to figure it

all out. Home definitely isn't where his heart is, which puts him in regular

conflict with his fellow

journeyers, played by co-stars Ming-Na. Elvse Levesaue. mond Phillips,

"(Dr. Nicholas Rush) is very isolated, very much on his own. He only goes to people if he needs them." Robert Carlyle, actor

David Blue, Alaina Huff-man, Louis Ferreira, Jamil Walker Smith and Brian J. Smith. "This ship, coming was my destiny," declares. "My life's Rush declares. work was to be here.

Rush is a loner, who may or may not be trustworthy. Who may be operating on sound scientific motives or instead, in a defiant display of hubris. "He's very isolated, very much

on his own," Car-lyle says. "He on-

goes to people if he needs them." And they don't like his neediness any more than he does. Rush leaves viewers de-

lightfully confused: Is this the one guy on board who, despite the others' pushback, has a handle on their crisis? Or is he a narcissistic suicidal scoundrel? Viewers

OOSEHEAD

don't know, and they feel for him and doubt him at the same time

When he was sought for the role, Carlyle says he was told, "We're looking for someone who can make dislikable things seem quite likable.' I said, 'Well, I'm potentially your man.'

No wonder. In person, the Scottish-born actor is warm and outgoing and passionate about his work. A compact man with large soulful eyes and a soothing brogue, he sports the scruffy, shaggy look of his character. (What's the point of good grooming in outer space?)

Before SGU, the 48-yearold Carlyle was already acclaimed for his off-centre characterizations. In Danny Boyle's 1996 film Trainspotting, he played a raving psychotic. A year later in The Full Monty, he was among down-on-their-luck steelworkers who dropped their drawers to strike it THE ASSOCIATED PRESS

The up-and-comers: New TV shows with promise

TELEVISION If it were a television series, it would be called Defying the Odds.

Five weeks into a new TV season, three of the four top broadcast networks have bigger prime-time audiences than they had in 2008. With cable networks flexing their muscles, digital video recorders becoming more popular and computer games cutting into free time, that's a small miracle.

No new shows burst onto the air as instant hits. But there weren't any embarrassing flameouts, either.

"There are a number of new shows that are very promising," said Marc Berman, an analyst for Media Week and publisher of The Programming Insider. "There are seven or eight that could be around next

CBS is television's most popular network and, if anything, has strengthened its position. Fox is used to struggling until American Idol returns, but the buzzworthy Glee gives executives hope for a new musical franchise. While struggling NBC has seen few promising signs, its freefall appears over.

ABC is the only network down from last year, due primarily to audiences slipping away from established





Dianna Agron and Cory Monteith are shown in a scene from the Fox series Glee, airing in Canada on Global TV. The buzzworthy show has executives hoping for a new musical franchise.

favourites like Desperate Housewives, Dancing With the Stars and Brothers&Sis-

Unlike past years, "it doesn't feel like the business is totally collapsing,' Preston Beckman. Fox's scheduling chief. The veteran executive said it looked like networks had the best crop of newcomers that it's had in years.

CBS has established Tuesday as the most popular night of television, much like NBC did with its comedies and the drama ER in

"There are a number of new shows that are very promising. There are seven or eight that could be around next vear."

Marc Berman. Media Week

the 1990s. NCIS is TV's topranked show this fall, by a healthy margin. Its viewership is up 22 per cent over last fall, according to the Nielsen Co., and it was growing then, too.

The spinoff NCIS: Los Anand Julianna Marnew drama, Good Wife, have both succeeded in the time slots following the blockbuster.
"They've never been able

to put stuff behind ('NCIS') that holds the audience, said Steve Sternberg, a television analyst formerly with Magna Global. "Now

they have.'

Moving Monday night comedy The Big Bang Theory from an earlier time slot to 9:30 p.m. EDT has also paid off for CBS. The show is up 48 per cent in viewers from a year ago. Nielsen said. The medical drama Three Rivers isn't expected to last too long on CBS. With ER off the air, efforts to establish a new medical drama have largely failed. NBC's nurse-centric Mercy has a slight edge over its action-oriented Trauma. But maybe folks just prefer the established doctors: Ratings are up for House. on Fox

NBC is still holding its breath on its boldest experiment, stripping the 10 p.m. hour with a Jay Leno comedy show. The show often walks the line of a rating that will determine success or failure, and some local stations are concerned that Leno is hurting the ratings for their 11 p.m. news shows. THE ASSOCIATED PRESS

Ex Letterman writer recounts 'inequality' of workplace

TELEVISION A former writer for David Letterman said she quit his NBC talk show in part because of alleged sexual favouritism and a hostile work environment.

Nell Scovell, writing for Vanity Fair online Tuesday, said she had no intention of filing a lawsuit and wasn't seeking revenge. "I wanted to shine a light on gender inequality in that particular workplace,' Scovell, who went on to a successful Hollywood career, said in a telephone interview.

In the Vanity Fair article, Scovell said Letterman didn't "hit on her" during her roughly five-month stint with NBC's Late Night with David Letterman in 1990. "Did he pay me enough ex-tra attention that it was noted by another writer? Yes. Was I aware of rumours that Dave was having sexual relationships with female staffers? Yes," Scovell wrote.

Other high-level male employees were having sexual relationships with female staffers as well, she alleges, and the women gained professional bene-fits from those relationships. "Did that make me feel demeaned? Completely. Did I say anything at the time? Sadly, no," wrote Scovell. THE ASSOCIATED PRESS

Urban Foodie

⊕⊕⊕⊕⊕ INSPIRED; ⊕⊕⊕⊕ VERY GOOD; ⊕⊕⊕ PALATABLE; ⊕⊕ HO-HUM; ⊕ NEVER AGAIN

Excellent crepes on the North End

VALERIE MANSOUR

5687 Charles St.

Halifax 406-3133

Signature Dish: Beef & Blue Cheese Crepe Dinner & drinks for 2:

Chez Tess, newly opened in North End Halifax, celebrates that famous French

comfortable one-room restaurant with tasteful decor and soft lighting.

On the menu are soups, salads, desserts and 10 savoury buckwheat crepes.

Since Chicken Pistachio Pate (\$7.95) is sold out, we have the tasty Warm Brie (\$8.95) appetizer, beautifully presented with black olives, roasted garlic cloves, slices of green apple and garlic crostini.

Beef & Blue Cheese Crepe (\$16.95), from the

On the web

 Get recipes and more great food content at metronews.ca/recipes

Crepes J'adore section, is a winner. The combination of roasted beef, mushrooms, carmelized onions and sautéed bell peppers simply oozes flavour. Old cheddar is melted on top of the light crepe, and blue cheese adorns the accompanying arugula.

Seafood Medley

(\$15.95) crepe has an impressive line-up - hadscallops. dock, clams, shrimp, red pepper, cilantro and a sherry cream sauce -– but its flavour is surprisingly flat.

The Euro (\$10.95), a yummy vanilla crepe with bananas, Nutella, maple bourbon Chantilly and toasted almonds, makes a sweet finish.

Service is inconsistent but Chez Tess is still new. With time this restaurant just might find crepe suc-



Chez Tess' Beef and Blue Cheese Crepe (\$16.95)

Global Peasant blog online

- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog.
- Check out metronews.ca/ alobalpeasant for a recipe for apple pie.



Dining out

YOUR DOOR

Jane's Next Door at Jane's on the Common, 2394 Robie St., is featuring catered lunches - sandwiches, salads and sweets made from scratch — delivered to your office. Phone 431-5683, fax 444-3608 or e-mail ianesonthe common@eastlink.ca

TWO CAN DINE FOR A VERY NICE PRICE

Mezza Restaurant, 6386 Ouinpool Rd., is offering a lunch feature where two can dine for \$17. The lunch specials include pita sandwiches, salads and rice from Mezza's Lebanese menu. mezzarestaurant.com or phone 444-3914.

In **brief**

TASTE OF TOWN Taste of Nova Scotia Prestige Awards Dinner will be held at the Prince George Hotel Nov. 5 at 6 p.m. featuring a culinary journey through Nova Scotia. Tickets are \$75 each, 492-9291, info@tasteof

novascotia.com

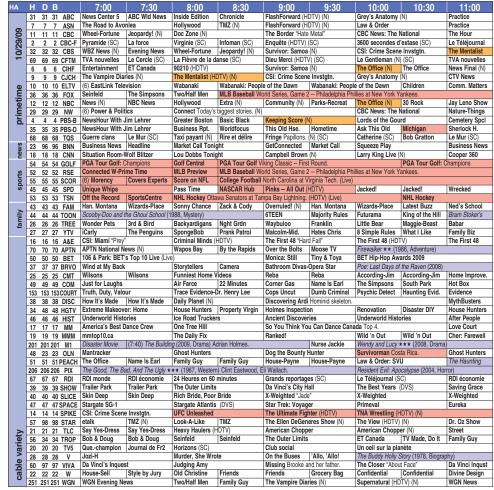
SLOW FOOD The Slow Motion Food Film Fest will be held Nov. 6-8 in Wolfville with 11 screen-

ings of documentaries and dramas all related to food. Films include the classic Babette's Feast slowmotionfilmfest.ca

ITALIAN La Dolce Vita Authentic Italian Cuisine, Nov. 7-8 includes Farmers' Market tour, lunch at Lunenburg's Trattoria Della Nonna. cooking class at Cilantro Cook ing School and accommodation at The Mariner King Inn. Information: bytheqlass@eastlink.ca.



1013 THEBOUNCE.com





The Border They're not people you'd want

to associate with in real life, but hate groups do inspire a certain morbid curiosity. In this new episode, Carver and Gray (Grace Park, Graham Abbey) must tread carefully when they infiltrate the compound of a white supremacist with violent tendencies. 9 PM on CBC



Poe: Last Days of the Raven Brent Fidler ("First Wave") is writer, director, producer and star of this dreamy, often surreal biography of writer Edgar Allan Poe. As he lies on his deathbed, flashbacks tell the story of his life and the events — including the deaths of multiple loved ones the deaths of multiple loved ones — that shaped his writing. A se-quence set in the present has an actor playing Poe onstage and discovering a psychic connnec-tion to the man. Mackenzie Gray and Emily Tennant also star. 10 PM on BRVO

The latest "day in the life of a small business" reality series focuses on Wendigo Farms, a tocuses on Wendigo Farms, a stable and riding school in Ontario owned by two women, Tammy and Allie. It may not be as funky and off-the-wall a setting as, say, "L.A. Ink," but horse jumping makes for far more interesting visuals than people getting tattooed. 12 AM on CMT



Sex sequel like 'condensed soup': Davis

Kristin Davis thinks Sex and the City 2 is like "condensed soup." The actress — who plays Charlotte — says bosses have crammed so many dramatic plotlines into the upcoming sequel it is much more intense than the last film, femalefirst.co.uk reports. METRO NEWS SERVICES

Celebrity Buzz

Kate minus Jon does | Touch of India on Jessica not equal 'available'

SHE'S A MOM FIRST Just because she's not wearing her wedding ring much of the time anymore doesn't mean that Kate Gosselin's back on the market. In fact, the reality-show

mom says it's not going to happen while she remains the focus of so much media attention, people.com reports. "I'm not thinking about it, but the thought has crossed my mind at some point (that) it's going to be scrutinized,"

Gosselin, 34. told Ellen De-Generes yesterday. "Let's not

about it."

Gosselin says she tries to live her life surrounded by cameras — and "the 18 cars that follow me around" - by thinking of her eight children.

'I just know that, on TV or off TV, I've been very much targeted and torn apart," she targeted says.
"I'm telling

you (from) the of mv everyheart thing about me: Ĭ am a mother first. alwill wavs be

mother and I would die for my kids if need be ... My focus is them. It's not the paparazzi. My focus is not what trip I can go on or what shows I can do as a result of this thing. This is my job. This is my pay-

METRO NEWS

cheque and so this is what

NEW TATTOO Jessica Simpson has some new body art. The singer, 29, showed off a Henna tattoo Tuesday as she returned from a trip to India, where she was shooting her upcoming VH1 reality show, The Price of Beauty, usmagazine.com reports.

"The intricate Mehndi designs are typically Indian, and made with a turmeric paste," her rep tells London's Daily Mail of

"They're worn at wedding ceremonies and are supposed to bring good luck to eligible single women in India. It's a big style statement too. The really intricate designs take hours to apply by hand using just a brush. The artists are very

During her trip to India Simpson also got a bindi dot on her forehead as she hit a Bollywood party at the capital's glitzy Vie Lounge earlier this Lounge

skilled.'

week. Simpson was a Dhupia, the Indian beauty ambassador on the singer's show

METRO WORLD



Swayze's widow talks about grief

Patrick Swayze's widow Lisa Niemi spoke from the heart recently about losing her husband just six weeks ago, telling a women's conference that the loss "is like an animal all of its own"

and the sadness could be felt "on a cellular level," usmagazine.com re-

ports. "When grief takes you,

it's like your body is not your own," Niemi, who was married to the actor

for said vears, during roundtable discussion

on Grief, Healing and Resilience at the Women's Conference 2009 in Long Beach, Calif.

"I'm just going with the flow. I know I have to go through it."

Speaking for the first time since Swayze's death, Niemi says she's relied on a close group of friends to get through some of her darker hours.

"I have a few girlfriends that are just amazing. They have made themselves available to me 24/7. They say, 'We don't care if it's 2 in the morning, call me,' says Niemi.

METRO WORLD NEWS



Jude and Sienna rekindling old flame?

With both stars working in shows on Broadway, Jude Law and Sienna Miller

have found themselves in close proximity lately zine. and it could be leading to a rekindling of their robut mance. "Sienna

Jude have met up a few times and got on really well," a source tells OK! Maga-

'Sienna had her heart broken by Jude, she was young and it was

first time she'd fallen in love. What people don't realize is that always they remained close, so who s where knows this will lead to

ILLION Visit alc.ca/lottomax

METRO WORLD NFWS



'You can't break up' Brothers

ONE FOR ALL FOREVER The Jonas Brothers are battling breakup rumours, insisting that Nick Jonas is just taking a break from the band to work on a solo album due out next year. "We plan to

make music together for as long as we can. brothers told People magazine. Nick added:

said from the beginning of our career as the Jonas Brothers that anything we do outside of the group is a side project because you break up brothers.



In search of kid-friendly home

IN THE MARKET Pete Wentz and Ashlee Simpson are looking for a new home, as they've put their Beverly Hills mansion on the market because it isn't kid-

friendly enough, a source tells Life & Style magazine. The house

built into the side of a giant hill and doesn't really have any yard. Now that Bronx

getting

older they realized that really isn't a child-friendly house," the source says.

'They are going to sell this house and look for something that will be

suited to young children." better fourchased the bedroom tate in 2007.

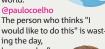
METRO WORLD

Celebrity tweets

Sandra Bernhard has got something cooking, Queen nice things to say about George Clooney, Paulo Coel ho doesn't want you to waste your time and Ashton Kutcher tries to pass on some knowledge.

 @SandraBerhnard this morning i am making split pea soup in the crock pot easy breezy and vegan, trying to mix it up and make it delicious at the same time.

In customary style, Clooney politely reveals absurdity in how powers that be affect our world.



can do this. and is not doing.

• @aplusk sometimes I think the only reason I took math is so I could help my kids take math







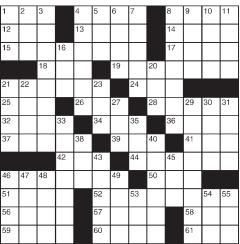




TAKE THE WEATHER WITH YOU The Weather Network

entertainment 31

ore delicious Metro recipes, visit: metronews.ca/food



Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone - one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

	2				8			
3			6	2		4	9	
7		5					6	
	9	2		8				
			2		3			
				1		2	5	
	8					6		5
	5	9		4	1			3
			7				4	

1 Picks out of a lineup 4 Piece for two 8 Speaker's place 12 "As if!" 13 Poet Pound

14 Expel 15 Green onion 17 Earthen pot

18 Shelter 19 One without snow tires? 21 "Ecce homo"

sayer 24 Costa del — 25 Swiss canton 26 Blunder 28 Kathmandu's

land 32 Source 34 Deity

36 Munro's pen name 37 Boredom 39 Wiretap 41 Energy

42 And so on (Abbr.) 44 White winter

weasel. 46 Auto's body 50 Lubricate 51 Posterior 52 Bundle of nerves?

56 Furniture store name

57 Enthusiastic 58 Individual 59 Moist in the morn

60 Optimistic 61 Affirmative action

1 Half the ramifications 2 Medic 3 Colt's pop 4 Take out of context? 5 Submachine

gun 6 Cupid's alias 7 Aquariums 8 Random drawings?

9 "- Lang Syne" 10 Capri, e.g. 11 Luminary

16 Meadow 20 Saturn model.

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

3 4 9 1 7 8 6 2 5

8 5 1

7 4 2

6 9 3 1

3 6 4 7 9 1

9 2 5 4 8 3

5 8 6 3 4 7

4 1 9 8 6 2

2 3

2 5 8

8 1 3

4 2 5

1 9 2

5 3 7

2003-07 21 100 percent 22 Press

23 Work unit 27 Filch

29 Big tent at an expo 30 Similar (to)

31 Rickey ingredient

33 Calendar box 35 Payable 38 Part of FWIW 40 Weak and un-

steady 43 Stogie

45 Wire measure 46 Scolded

47 Raise

48 From the top 49 Palm starch

53 Ph bk data 54 "Sail — Ship of State!"

55 Actor Beatty

Take Five



Apricot & Rosemary Glazed Chicken

Submitted by Janice Choi, Toronto,

4 chicken thighs/legs, bone in and skin on, trimmed of excess fat

3/4 cup apricot iam/marmalade 2 tbsp finely chopped fresh

2 tbsp lemon juice and about 1/2 the zest from 1

lemon 1 finely chopped clove of garlic

2-3 tbsp honey (depending on sweetness of marmalade)

2 tbsp vegetable oil 1 tbsp balsamic vinegar 1 tsp salt 1/2 tsp black pepper

PREPARATION:

1. Preheat oven to 400F 2. Combine all ingredients except chicken. Microwave in a large bowl for about 1 minute, or until hot. Stir to combine flavours and allow to cool slightly.

3. Reserve about 1/3 of the mixture into another bowl. 4. Put the chicken in the large bowl with the cooled marmalade mixture. Massage and rub marinade into chicken (over and under the skin and everywhere you can get it!) 5. Line a baking pan with foil. Arrange chicken on the baking pan, removing

excess marinade, if any. Bake for 15 mins, Remove from oven and glaze (in a thick layer) with set aside mixture. Bake for another 10-13 minutes or until the juices run clear, glazing at least once more.

SERVES 4 PREP TIME: 10 MINUTES COOK TIME: 30 MINUTES



20 Minute Supper Club helps you get dinner ready in a snap at 20minute supperclub.com. Visit 20minutesupper-club.com/metro to be entered to win a \$50 President's Choice gift certificate!

Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES

MARCH 21-APRIL 20 Today's Venus-Jupiter aspect makes this one of the best days

of the year for affairs of the

LIBRA SEPT 23-OCT 23

Partners and colleagues will do whatever you ask of them to-day, which no doubt makes you wonder how far you can push your luck.

TAURUS

Today's cosmic influences indicate that you will be turned on more by success than you are by people.

SCORPIO

OCT 24-NOV 22
You are not the sort to be intimidated by people who rant and rave and that's just as well because someone will go off the deep end today.

GEMINI

MAY 22-JUNE 21 This is one of those times when everything seems possible, when you feel that you can take on the world and win.

On the web

Witches knew what brooms were for

SAGITTARIUS NOV 23-DEC 21

You will gain more by doing less today, and if you can get other people to share your workload you may get away with doing nothing at all.

CANCER

JUNE 22-JULY 22 Let those around you know what you are willing to put up

with and what you consider is going too far, and convince them you're serious.

CAPRICORN DEC 22-JAN 20

You will get through a great deal of work today. With Saturn crossing the midheaven angle of your chart, you'll do whatever it takes to make a name for yourself.

LEO JULY 23-AUG 23

Don't sit at home by yourself. There is a world out there desperate to see you and hear you and be close to you.

AQUARIUS JAN 21-FEB 18 You know in your heart what is

right and wrong and are not about to compromise your values merely to impress people in pow-

VIRGO

AUG 24-SEPT 22

If you have fallen out with someone recently now is the time to make the right noises and let them know you want to

stay friends.

PISCES FFR 19-MARCH 20

If someone whose judgment you trust offers you advice today, act on it immediately. The planets warn this is no time to be cau-

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This day in history

1787: Mozart's opera Don Giovanni receives its first performance

1923: Turkey becomes a republic following the dissolution of the Ottoman Empire.

1929: The New York Stock Exchange crashes in what will be called the Crash of 1929 or "Black Tuesday," ending the Great Bull Market of the 1920s and beginning the Great Depression. 1967: Montreal's World Fair, Expo 67, closes with over 50 million

visitors. 1969: The first-ever computer-to-computer link is established on ARPANET, the precursor to the Internet.

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